EARLY DEADLINE - Saturday, Nov. 17th at 3:00 p.m. We're publishing on Tuesday.

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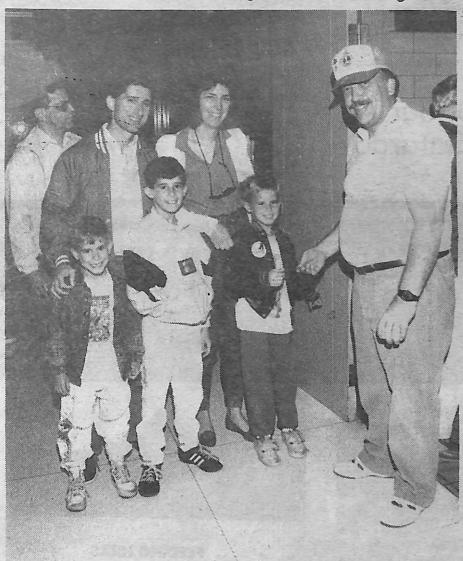
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Volume XIII Number 46

YOUR HOMETOWN NEWSPAPER

November 15, 1990

Lions Try Country Breakfast For New Look





THE AGAWAM LIONS CLUB ABANDONED THEIR traditional pancake breakfast for an Old-Fashion New England Country Breakfast. The event was held November 4th at the Middle School. IN PHOTO LEFT, member Roger Jones greets the Penna family - Steve, Diane, Jon, Nick, and Chris. IN PHOTO RIGHT, Lions Eddie Arnold, Art Fuchs, and Mike Alvaro keep the food line moving. CENTER-FOLD INSIDE. Advertiser News photos by Jack Devine.

It's The Kids Who Get Hurt...

When Schoolboy Sports Get Nasty...

by Bob Johnson Advertiser News Sports Editor

I was supposed to go to a schoolboy football game this afternoon (last Saturday). The game was never played due to torrential rains in the area. Now, I have to wait until Monday afternoon to see the game.

The way things are going, I had no idea whether the game would have counted anyway. High school athletics have been turned into a circus in Western Massachusetts these days. And there are plenty of people who are sick and tired of it already.

Count me into that group.

Several weeks ago I went to a super soccer match. AHS trailed early in the game by three goals. They regrouped late in the first half and tied the match before intermission. The Brownies held off a determined Cathedral team for most of the second half and then scored the game winner in the waning moments.

The celebration lasted for many minutes. Smiles on the Agawam side were balanced perfectly by the dejection on the Panther sidelines. Sports at its very best. The thrill of victory and the agony of defeat. Agawam had been on the business end of so many of those types of games with their arch-rivals from Springfield.

The story has been well-documented by now. AHS boys' soccer had an ineligible player all season. All nine of Agawam's victories turned to losses (forfeits) and the Brownies were taken out of the Division I Tour-

Speculation ran high that Cathedral coaches and supporters knew that the player was ineligible since the

beginning of the fall season. Agawam faithful felt it was interesting that the facts were not brought to light until Cathedral was mathematically hurt by an Agawam victory so late in the season.

This is the same Cathedral team that is now aiming at the state Division I soccer championship. The same team that defeated the Brownies, 2-1, very early in the soccer season. Some Agawam parents contacted attorneys to find out if they had any recourse against the Massachusetts Interscholastic Association ruling (MIAA) about wiping out the entire 1990 boys' soccer season for the Brownies.

SEE POOR SPORTS - Sports Page...

Johnson Disappointed Councilor Dupee Won't Debate Over \$15 Bulk Trash Fee Snafu

Mayor Christopher C. Johnson today said he was disappointed that Councilor Colleen Dupee has refused his challenge to debate him on the proposed \$15 bulk trash fee. Johnson released the following statement:

"I recently challenged Councilor Colleen Dupee to a public debate over the issue of municipal bulk refuse collections. The challenge was sparked by public statements made by Councilor Dupee, and was issued in the interests of providing the citizens of Agawam with the facts on the issue. She has declined to attend saying that she believed the debate to be 'a grievous injustice' to the citizens.

"Councilor Dupee has made many inaccurate statements on the issue of municipal bulk refuse collection. Below is a listing of some of those inac-

curacies

"(1) In September, Councilor Dupee provided fellow councilors with a 21-page handout purporting to show that funds (host community fees) were available for municipal bulk collections, and that the FY1991 solid waste budget was overbudgeted. This handout was full of inaccuracies and invalid assumptions such as:

(a) host community fees from the RRF were available for appropriation by the Council;

(b) host community fees could be used to directly off-

set solid waste expenses;
(c) collection calculations were based on the incor-

rect number of dwelling units;
(d) collection calculations failed to account for new

growth;

(e) collection calculations failed to account for fuel

adjustment clause in contract;

(f) box collection calculations failed to account for addition to Danahy School Elderly Housing complex;

(g) household hazardous waste savings were based on a bill filed in the Massachusetts House which has been stuck in committee for months.

"(2) Councilors Dupee, Ennis, Negrucci, and Burgess submitted a new item of agenda purporting to order an autumn bulk refuse collection in accordance with Massachusetts General Laws, Chapter 44, Section 33. This item of agenda purports to identify \$50,500 in available funds to complete the collection. This item contains no approval from the Town Attorney. Upon filing the item, I requested an opinion from the attorney and he has ruled that the item of agenda is **not legal.** In other words, the action proposed by these four Councilors is not permitted by state statute, town charter, and applicable caselaw.

"In addition, the item of agenda identifies as available funds: (i) funds that have already been spent; (ii) funds owed pursuant to signed contracts by the Town; (iii) funds owed pursuant to signed purchase orders by the Town; and (iv) funds of enterprise departments unavailable for transfer in accord with state law.

"(3) Councilors Dupee, Ennis, Negrucci, and Burgess have also stated the cost of a municipal bulk collection to be \$50,500. They based this estimate upon paying to dispose of 300 tons, and disposing of 700 tons at no

cnarge.

"The Department of Public Works estimates the cost of conducting a bulk refuse collection at approximately \$109,000. This estimate is based on previous collections which averaged approximately 900 tons per year (exclusive of metals). The DPW estimate also accounts for anticipated increases in tonnage due to the fact that this will be the first collection in two years, and the fact that residents will more fully avail themselves of the service due to a fear of discontinuance of the collections.

lections.
"Under the plan offered by Councilors Dupee, Ennis,
Negrucci, and Burgess, what will the Town do if it
picks-up more than 300 tons requiring disposal? (which
seems likely since the town has been averaging close

to 900 tons).

"I took an oath to obey the laws of the Commonwealth and the United States. I continue to work hard in the best interests of the people of Agawam. I will not compromise that oath or take action that I believe is contrary to the best interests of my constituents, simply because certain councilors advocate it," concluded Johnson.

EARLY DEADLINE: The deadline for our Annual Thanksgiving Edition is Saturday, November 17th, at 3:00 p.m.



by Attorney Michael Hooker 1325 Springfield St., Feeding Hills Center

A guardian is a person who has the legal right and duty to take care of another person or that person's property because that other person (for example, an incompetent spouse) cannot legally take care of himself or herself. The arrangement is called "guardianship."

As guardian of an incapacitated adult, the guardian may make financial, health care and educational decisions as well as any other important decisions on behalf of the ward. The guardianship ensures that the ward will have his or her interests protected.

Until recently, guardianships could only be imposed on adults when they were certified by a physician to be mentally ill. A new law allows guardianships to be imposed where the ward is incapable of communicating and making informed decisions. This ground for guardianship reduces much of the stigma previously at-

tached to guardianships of adults.

If, for example, an elderly resident of a nursing home cannot communicate and his close relatives live a great distance away, then a guardianship may be appropriate. In such a case, any major decision to be made regarding the resident must be made by the guardian. The ward, at the same time, gives up his or her right to make decisions. This downside is a necessary evil to be weighed against the benefit of having an able, interested party make important decisions on behalf of the ward.

LEGAL NOTICE
TOWN OF AGAWAM
BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will give a hearing at Agawam Public Library, 750 Cooper St., Agawam, THURSDAY, NOVEMBER 29, 1990 at 6:45 P.M. o'clock, to all parties interested in the appeal of MR. FREDERICK DEMERS who is seeking an extension of a Special Permit to allow for the continued operation of a kennel at the premises identified as 143 SOUTH STREET.

By order of the Board of Appeals, Ronald Hebert, Chairman Published: November 15, 1990

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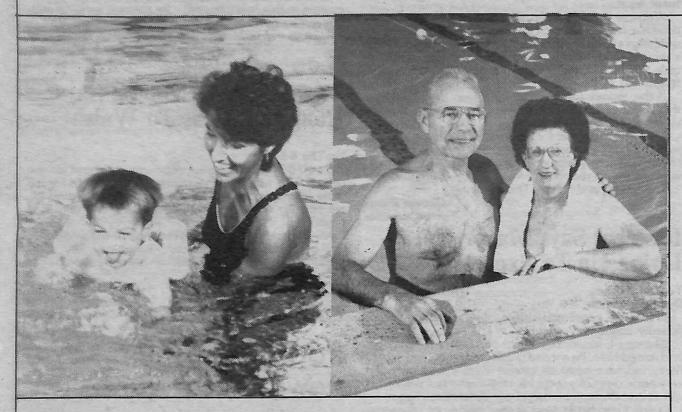
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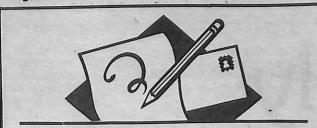
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Letters To The Editor

Councilor Dupee Hits Mayor For Press Release On Trash

To The Editor

Mayor Christopher Johnson issued a press release attacking me and containing numerous inaccuracies. I do not wish to get involved in a battle of wits, only present accurate information, not distortions.

All of the information pertaining to municipal bulk rubbish collection was garnered through Town Hall (ie., the Assessor's Office - number of dwelling units; Town Clerk's Office - contract just signed by Mayor Johnson and Commercial Disposal Company, Inc., and the contract for the Bondi's incinerator; and DPW - tonnage rate estimate obtained from DPW Superintendent John Stone).

Information pertaining to the tonnage tipped was obtained from both the contract with SRRF (Town Clerk's Office) and management of said facility.

Allegations concerning appropriations based on the fees received in fiscal year 1991 are moot as I recommended the delay of implementation of most of the proposed added services until fiscal year 1992 (evidenced in Town Council minutes of September 4th, 1990).

Calculations to account for fuel adjustment clause is moot as it is a lump sum cost to the community for

bulk collection service.

The brand new contract Mayor Johnson has just signed did not take into account the Danahy School Elderly Housing Complex, (for whatever reason only Mayor Johnson knows).

The household hazardous waste were indeed discussed under a bill pending in the Massachusetts House of Representatives. But again, this was part of the recommendation to delay until fiscal year 1992.

The law Mayor Johnson accuses Councilors (Thomas) Ennis, (Scott) Burgess, (John) Negrucci, and myself of intentionally violating pertains to a **recommendation** to provide a special, one-time collection in the Fall of 1990. If indeed the resolution was requesting a transfer it could have been in violation of Mass. General Law 44, ss 33B.

Authorizing a special one-time household collection in the Fall of 1990 is in accordance with Mass. General Law 44, ss33. This section gives the City Council the power to add to appropriations; conditions; and limitations. The order is in compliance with this section of

The funds that Mayor Johnson has claimed are spent are the subject of a request of city auditor dated October 26th, 1990 (which has yet to be answered).

The Mayor's concern regarding the estimated 1,000 tons of bulk to be collected **might** be understood, although he himself projected a 700 ton collection. The 300 tons mentioned in the Town Order is an estimate for land fill items. The remaining 70 tons, which could conceivably go over if the Mayor's fears prove true, do not present a problem but rather, more of an aid

As of September 30th, 1990, our committment to SRRF has a shortage of 599.6 tons. Also, in discussion with a scrap metal dealer, the owner made the statement, "I can't get enough metal. I'll take all you can give me."

To my knowledge there are no council members who advocate disobeying the law. I **absolutely resent** this unfounded accusation (by Mayor Johnson).

Colleen D. Dupee Agawam Town Councilor

People Fed-Up With Trash; Let's Support Mayor Johnson

To The Editor:

The people of Agawam are angry and fed up with the Council and our continuous battle over the trash. Even though this is an important issue, it is not the only one facing our town. We should stop fighting among ourselves and with the Mayor and give the people of Agawam what they need and deserve.

Agawam what they need and deserve.

We were all elected promising clean and open politics and cooperation between the council and the mayor. We have not achieved this goal at all. What we have achieved is to have whining accusations and complaints about the mayor and some of his department heads.

We now have in front of us the mayor's \$15 compromise for the bulk pick-up fee (with no charge for qualified elders and hardship cases). It is not my ideal solution either, but it is a compromise we should be able to live with for a year. Hopefully, we will be able to provide this service free of charge next fall.

to provide this service free of charge next fall.

If the money (about \$109,000) was truly available this year, we would definitely use it to provide this service free of charge.

Let's work together for the good of our town; stop being stubborn and egotistical. Let's cooperate, work together, compromise and support the \$15 bulk pick-up fee for one year only.

Thank you and Happy Thanksgiving.

George Bitzas Town Councilor

Resident Says Mayor Not Living Up To Expectations

To The Editor: Dear Mr. Mayor:

(From one concerned citizen of Agawam to a supposedly concerned other.)

Like you, I, too, am a product of Agawam. I was born and raised here. I went and graduated from high school here, and have taken an interest in my community at a very early age (26 years-old). However, I believe that is where our likeness ends and our differences begin.

I think I had better start at the beginning! When you ran for this office people perceived you as a young type protege, someone who would be on the people's side, look out for us, tell us the truth, be responsible in your reactions and responsible in your actions; all that we wanted was a mayor, a leader, a new beginning! To say that you have failed to live up to these expectations would be an understatement.

I cite precedents within the 12th month of your term. You had four secretaries working for you at the same time. You made terrific friends with one of our most disliked town employees which would say a lot for your objective operation of the Town Hall! You have refused most people in the political field freedom of access and research fundamentally necessary to make informed decision! And that's just Town Hall. You have made far too many political mistakes that this space will allow

First, you say that the town employees need to have a Fitness First Program. Then you say you'll pay half from the insurance program and prevented the retirees from taking part in that program (even though they pay the exact same amount as a full-time town employee and then say you are for the elderly!!?)

To allow a man who has lived in this town and worked as a farmer all of his life to be shut down because of a fruit stand (which by the way has been up for 21 years on Main Street)!!!

To make every business in this town put a backflow device in their establishment even though the 90 percent of them don't need it!!!

To say the 92 acres of land on Tennis Court Road is worth \$6,117,000 after interest is established and paid for. And at the same time say that a \$15 trash fee is necessary is ludicrous. We have proven that \$2,800,000 exists and is not being spent and we are wrong for not wanting to have a fee is ridiculous!

Please, you have insulted the people's intelligence for the last time, NO ONE WANTS A FEE. EVERYONE WANTS THE SERVICE!!

The heck with this hullabaloo about this building inspector!! Just when I thought I had seen enough and you couldn't get any lower, what do you do, challenge a councilor to a debate!

Mayor, you are the only man I know that can stretch a concrete block so thin you can see through it. As far as those other five councilors (Brindle, Fuller, Bitzas, Dziardziel, Willis), if they ever have an independent thought I think it would kill them!

Mayor, you have done all that can be done to break the spirit of the people, and by interpreting you as all for the town and to heck with the people...well I say...ENOUGH IS ENOUGH!

You may have beat your opponent by a 3 to 1 margin in this town, but did it by campaigning on empty promises and broken dreams.

Yours truly, Loren J. Montagna Agawam

Taylor Thanks Voters; Says Congratulations To Walsh

To The Editor:

I would like to take this opportunity to thank all the people who supported me during my campaign for the state legislature. It was an exciting and rewarding experience to enter the political arena for the very first time.

My opponent was a well-liked incumbent who ran a well-organized, well-financed campaign. My congratulations go to Mike Walsh on his reelection as our state representative.

Thank you all, James D. Taylor Feeding Hills

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Municipal Events GRAND NATIONAL AUTO

Saturday, November 17th
Town Hall Auction
Ag. Police Headquarters
681 Springfield Street, F.H.
10:00 a.m.

Monday, November 19th Town Council Meeting Agawam Public Library 8:00 P.M.

Thursday, November 22nd Thanksgiving Day Holiday TOWN HALL CLOSED

Tuesday, November 27th School Committee Meeting Junior High School 7:00 P.M.

Thursday, November 29th Board of Appeals Meeting Ag. Public Library 6:30 P.M.

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Agawam Crime Prevention...

Some Facts & Myths About Holiday Suicides

by Officer Wayne Macey **Crime Prevention Bureau**

The following text was prepared by Sergeant Jeremiah J. Manfra for use in officer training at the Boston Police Academy. I thought it might be of some value to all as we prepare to enter another holiday

The holiday season is upon us. It's a time to be happy and festive. Historically, however, it is also a time of sadness and depression for a lot of people.

For these people, suicide can be a solution to all their troubles. In many cases, the police officer is called to a suicide scene after the fact and can do nothing more than make a report and notify the proper agen-

However, there are many instances when a police officer may come into contact with a person, who, for several reasons, might want to commit suicide and it is

this person that the police officer may be able to help. The most frequent (possible) contacts with potential suicides are family trouble calls, street confrontations,

arrests-booking, and subsequent jailing of the person. It is with these initial contacts that a person may give a warning sign that he/she might be thinking of suicide. If the officer is alert, he/she may be able to prevent a suicidal act. The following are some myths and facts regarding suicide.

Myth-Suicide happens suddenly and impulsively, without premeditation.

Fact - Less than 5 percent of suicides result from impulsive panic type behavior. More often, the suicidal thought arises as a fantasy—a way to resolve some personal crisis.

Myth - The suicidal person rarely reveals or conveys

his/her intentions to anyone.

Fact-80 percent of persons who killed themselves have given some indication or warning sign and have made at least one previous attempt.

Myth - People who talk about suicide won't really do

Fact - Do not ignore any suicide threat. Statements like, "I can't see any other way out,"; or "You'll be sorry after I'm gone." No matter how casually or jokingly said, it should be taken seriously.

Myth - Talking about suicide may give someone the

Fact — You can't give a suicidal person morbid ideas by talking about suicide. Just the opposite is true. Bringing up the subject of suicide and discussing it open-

ly is one of the most helpful things you can do.

Agawam Police Arrest Blotter For Last Week

On November 4th, Dawn M. Trombley, 343 Birnie Avenue, West Springfield, was arrested and charged with operating after suspension. Arresting officer was

On November 5th, Kristian Robare, 75 Brookline Avenue, Feeding Hills, was arrested and charged with assault and battery by means of a dangerous weapon. Arresting officers were Detective Sergeant Ken Grady, Detective Peter Bertera, and Detective Stanley Chmielewski, Jr.

On November 5th, Lucien J. Demars, 36 Orlando Street, Feeding Hills, was arrested and charged with assault and battery by means of a dangerous weapon. Arresting officers were Detective Sergeant Ken Grady, Detective Peter Bertera, Detective Thomas Marmo, and Detective Stanley Chmielewski, Jr.

On November 6th, Randy L. Zymroz, 755 North Westfield Street, Feeding Hills, was arrested and charged with an outstanding West Springfield Police Department warrant. Arresting officers were Detective Peter Bertera and Eric Camerlin.

On Novemer 6th, David A. Preston, 1159 River Road, Agawam, was arrested and charged with assault and battery domestic. Arresting officers were Donald

Gallerani and Gary O'Brien.

On November 7th, Gregory Copeland, 89 Walnut Street, Springfield, was arrested and charged with shoplifting. Arresting officers were Steve Draghetti and Karen Langevin.

On November 8th, Alan W. McTizic, 280 Fair Oak Lane, Springfield, was arrested and charged with breaking and entering motor vehicle, and larceny. Arresting officers were Keith Bopko and Mark Ceccarini.

On November 8th, Michael Beshaw, 257 Garden Street, Feeding Hills, was arrested and charged with an outstanding Agawam Police Department warrant. Arresting officers were Brian Connors and Rich Conlon.

On November 9th, Raymond Dupre, 81 William Street, Westfield, was arrested and charged with driving while under the influence of alcohol. Arresting officers were Keith Bopko and Mark Pfau.

On November 9th, John Coughlin, 619 Shoemaker Lane, Feeding Hills, was arrested and charged with assault and battery, assault and battery by means of a dangerous weapon, and an outstanding Agawam Police Department warrant. Arresting officers were Alan Collins and Gerald O'Keefe.

On November 9th, Jerry McDonald, 40 Kathy Ter-

race, Feeding Hills, was arrested and charged with driving while under the influence of alcohol and being a minor transporting alcohol. Arresting officers were Richard Conlon and Brian Connor

On November 10th, Charles D. Randall, 13 Gerald Street, East Longmeadow, was arrested and charged with operating a motor vehicle with an expired license. Arresting officers were Eric Lottermoser and Mark

On November 10th, John A. Pagliaro, Jr., 99 Christopher Terrace, West Springfield, was arrested and charged with being a minor in possession of alcohol. Arresting officers were Mark Poggi, Mike Gruska, and Brian Connor.

On November 10th, Sean D. Kennedy, 224 Valley View Road, West Springfield, was arrested and charged with being a minor in possession of alcohol. Arresting officers were Mark Poggi, Mike Gruska, and Brian Connor.

On November 10th, Sean M. O'Brien, 42 Forris Street, West Springfield, was arrested and charged with being a minor in possession of alcohol. Arresting officers were Mark Poggi, Mike Gruska, and Brian Con-

60 North Westfield Street Feeding Hills, MA 01030

Above Fitness First

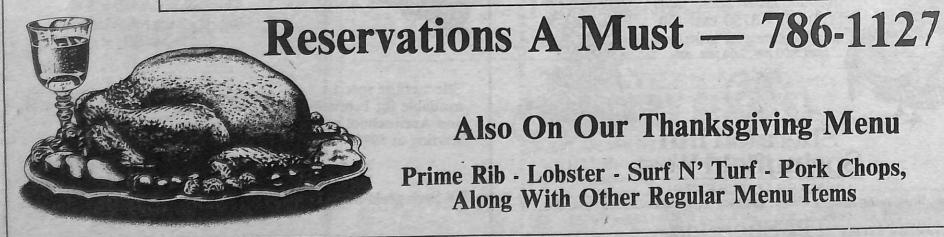
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Spend Thanksgiving With Us

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Also On Our Thanksgiving Menu

Prime Rib - Lobster - Surf N' Turf - Pork Chops, Along With Other Regular Menu Items

Town Helping With Fuel Assistance Plan

The Town of Agawam is again this year, in cooperation with the Valley Opportunity Council, assisting low income and fixed income town residents in securing some fuel assistance.

This year's program started on Tuesday, November 6th, and a Valley Opportunity staff assistant will be available at the town hall to assist residents in filing an

This program will be available for filing applications

for six weeks.

Applicants may call the Town Hall, Department of Weights and Measures for information, or make an appointment date and time to file an application. Income eligibility guidelines are as follows:

NCOME ELIGIBILITY GUIDELIN	4E:	S
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HOUSEHOLD SIZE	INCOME Range 1	INCOME RANGE 2	INCOME RANGE 3
1	\$7,850	\$9,420	\$10,990
2	10,525	12,630	14,735
3	13,200	15,840	
4	15,875	19,050	-
5	18,550	22,260	-
6	21,225	25,470	-
7	23,900	28,680	_
8	26,575	31,890	
OVER 8	ADD 2,675 FOR EACH ADDITIONAL HOUSEHOLD MEMBER	ADD 3,210 FOR EACH ADDITIONAL HOUSEHOLD MEMBER	
BENEFIT LIMIT	A 525	B 285	C 150

FIRE-WISE - by Fire Chief Rusty Jenks

Kerosene Heater Safety Tips

The use of portable kerosene heaters in homes has significantly increased in recent years due to an attempt to reduce heating costs. However, the misuse and abuse of kerosene heaters has caused many tragic deaths and injuries. If you choose to use a kerosene heater, the Agawam Fire Department recommends that you do so wisely.

Never attempt to rebuild for use an old or antique kerosene heater. These are dangerous and outlawed

for sale as heating devices in many states now.
Purchase only those heaters bearing the Underwriters Laboratory (UL) seal. An additional certification to look for is the National Kerosene Heater Associations (NKHA) seal. Purchase only new design heaters with the following safety devices:

·automatic cut-off device to turn heater off if it is

·low center gravity to avoid being tipped over

 automatic starter which eliminates the need for fuel gauge that will help prevent overfilling

•a grill on the front to help prevent contact burns Make sure you follow manufacturer's directions

when assembling your kerosene heater. Once in use, follow these safety rules: •Use only 1-K kerosene, which is clear, like water. Never use a yellow or contaminated kerosene.

 Store kerosene in a metal container with a tightfighting lid and clearly marked for kerosene use only. Never use this kerosene container for storage of other flammable liquids, such as gasoline storage in the summer for lawn mower usage. Do not store more than five gallons of kerosene for the heater at your residence at any given time. Do not keep more than five gallons available at any one time.

 Never use gasoline or any other flammable liquid in a kerosene heater. This can cause an explosion.

 Never use additives designed to purify yellow kerosene in your heaters. These additives have not been proven effective and could damage the heater.

•Fuel your kerosene heater outside. Do not bring kerosene into the house.

 Place your heater at least three feet from furniture, drapes or other combustibles. Do not place it in an exit. Keep children and animals away from the heater.

Instruct children never to touch the controls •Never use the heater while it is unattended. Do not

operate the heater while you are asleep or when you have left the house.

 Provide adequate ventilation by opening a door to an adjacent room. In a totally closed room, open a window slightly.

For glossy copies of photos in this edition, please contact Jack Devine at his home, 789-0053.

Jack has all of the negatives.

Agawam Obituaries

Wanda A. Masucci

Wanda A. (Kusiak) Masucci, 77, of 45 Emerson

Road, Agawam, died in Mercy Hospital. Born in Manchester, New Hampshire, she had lived

in Springfield and Agawam for the past 51 years. She was a member of the Catholic Women's Club and the Agawam Golden Agers. She was a communicant of St. John the Evangelist Church.

She leaves her husband, Joseph T. Masucci; two daughters, Marjorie M. DeDeurwaerder of Springfield and Joan C. Allard of Palmetto, Florida; two sisters, Stella Smus of Ludlow and Antoinette Keeley of Agawam; five grandchildren and seven greatgrandchildren.

The funeral was at Colonial Funeral Home, Agawam, and in the church, with burial in St. Michael's Cemetery. Memorial contributions may be made to Joslin Diabetes Center, Memorial Gift Dept., 1 Joslin Place, Boston, MA, 02215, or to Alzheimer's Disease and Related Disorders, Visiting Nurse Association, 570 Cottage Street, Springfield, MA,

Nicholas T. Buoniconti

Nicholas T. Buoniconti, 51, of 5 Provin Mountain Drive, Feeding Hills, an equipment operator at John S. Lane & Sons in Westfield for four years, died in Baystate Medical Center.

Before working at Lane's he was a driver for B&B Trucking Company for many years.

Born in Springfield, he was a member of St. Anthony of Padua and was a graduate of Agawam High School. He served in the Army National Guard. He was a member of Local 91 of the Operators Union, and was a member of the Agawam Country Club. He was an avid golfer, participating in golf leagues and golf tournaments at the country club.

He leaves his wife, the former Pamela E. McCann; a son, Nicholas T. Jr. of Feeding Hills; three brothers, Anthony L. Jr. of Agawam, Frank R. of Feeding Hills and Robert M. of Arlington.

The funeral was at Colonial Funeral Home, Agawam, and in the church, with burial in Springfield Street Cemetery, Feeding Hills.

Ruth E. Ashline

Ruth E. (Ballou) Ashline, 71, formerly of 11 Hamilton Circle, Feeding Hills, a retired 15-year bookkeeper at Westside Air Conditioning Company in West Springfield, died at Baystate Medical Center in Springfield. She retired in 1984, and then worked as a distributor for Successful Living Book Company.

Born in Stafford Springs, Connecticut, she lived for 35 years in this town. She was a member and lay reader at the Agawam United Methodist Church, and also belonged to the Agawam Republican Committee, the Arts and Humanities Council, and the Agawam Lioness Club. Her husband, Horace W. Ashline, died in

She leaves two sons, David DeLancey of Agawam and Bruce DeLancey of Springfield; two daughters, Janet Misischia of Belchertown and Karen Morassi of Agawam; a sister, Lois Ballou of Meriden, Connecticut, and 15 grandchildren.

The funeral was Saturday morning in the church, with burial at Springfield Street Cemetery. Colonial Funeral Home was in charge of arrangements. Memorial contribution may be made to the United Methodist Church Memorial Fund at 459 Mill Street, Agawam, MA, 01001.



AT SHERATON LITTLE IIT Sheraton THINGS MEAN A LOT



778 Springfield Street Feeding Hills, MA 01030

Melconian Recognized



VETERAN'S AGENT RUTH BITZAS (right) made a presentation of a beautiful plaque to State Senator Linda J. Melconian at her recent family picnic. The plaque was presented on behalf of the Massachusetts Association of Veteran Service Agents in appreciation of Senator Melconian's strong support of veteran's issues.

Jr. Women's Club Has **Program On Recycling**

Confused about recycling? Do you have questions about what trash goes into which container? We've got just the man for all these answers!

The Agawam Junior Women's Club will be hosting Michael DiStefano, manager, Springfield Recycling Facility at their November club meeting on Tuesday, November 20th, at the Captain Charles Leonard House, Main Street, Agawam. The meeting will begin at 7:30 p.m., and is open to the public.

The Juniors are encouraging anyone with questions

regarding recycling to join them.

For more information, please call Kathy Mahoney, 786-9839, or Eileen Hamre, 789-2818.

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open. You can slide your items under our door all day.



Town Conducting Auction Of Equipment On Nov. 17th

The Town of Agawam will conduct an Auction on Saturday, November 17th, at 10:00 a.m. at Agawam Police Headquarters, 681 Springfield Street, Agawam. Auctioneer will be Walter T. Letellier, Auctioneer Licence 1136.

Included will be bicycles and miscellaneous school and town equipment which can be viewed at 9:00 a.m. at the Police Headquarters. Also available is a large generator which can be viewed at the Town Hall, 36 Main Street, Agawam, between the hours of 8:30 a.m. and 4:30 p.m. Call (413) 789-1400, extension 469 for further information on generator.

LEGAL NOTICE LEGAL NOTICE TOWN OF AGAWAM **BOARD OF APPEALS**

Notice is hereby given that the Board of Appeals will give a hearing at Agawam Public Library, 750 Cooper St., Agawam, THURSDAY, NOVEMBER 29, 1990 at 6:30 P.M. o'clock, to all parties interested in the appeal of MR. JOSEPH B. MENDES, d/b/a MENDES AND COMPANY EQUIPMENT INC., who is seeking an extension of a Special Permit No. 969 to allow for the continued operation, to restore and salvage heavy partitions at the promises identified as 1796 MANN equipment at the premises identified as 1786 MAIN

By order of the Board of Appeals, Ronald Hebert, Chairman Published: November 15, 1990



Old-Fashioned Home Cooking For The Harvest Season

Dinner Specials Served From 4:30 P.M. To 8:00 P.M. While They Last.

Monday Closed At 2:00

Tuesday Daisy Ham, Cabbage, Boiled Potatoes & Carrots Or Chicken Breast With Rice & Carrots \$5.50 Soup Of The Day - Vegetable Beef

Wednesday Peppers, Onions & Sausage In Tomato Over Linquine Or Shepherd's Pie With Hamburg......\$5.25 Soup Of The Day - Split Pea

Thursday Meatloaf With Mashed Potatoes & Vegetable Or Turkey Soup Of The Day - Chicken Or Turkey

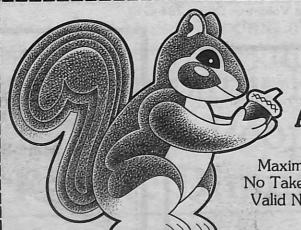
Fish & Chips\$5.95 Friday

Soup Of The Day - Clam Or Fish Chowder

Pot Roast With Boiled Potatoes & Carrots Or Chicken Saturday

Sunday Turkey Breast Or Pork Roast\$6.50 With Mashed Potatoes & Vegetable

*All Meals Served With Soup Or Salad, Bread & Butter



Coupon

Any Dinner Special

Maximum 4 Per Coupon No Take Outs With Coupon Valid Nov. 1st - Nov. 30th

Coupon

OLD SYKES MILL

1422 Main Street • 413-789-3799

One Quarter Mile From Riverside Park.





Early Holiday Bazaar Held At Grange





THE COMMUNITY GRANGE of Feeding Hills recently held an early holiday crafts fair at its North West Street home. In photos, from left - Elsie and Dorothy Johnson, Naida King, and Florence Blish. Advertiser News photos by Jack Devine.

Ag. Congregational Church **Dedicating Pew Bibles**

On Sunday, November 18th, during the worship service at 10:30 a.m., the Agawam Congregational Church will dedicate their new pew bibles in loving memory of Katherine Lowell and Alice Stepat. The bibles are the new revised standard version. This version was sanctioned by the National Council of Churches. The Translation Committee included Protestant, Catholic, and Jewish biblical scholars.

The special mission, Blanket Sunday, concludes on Sunday, November 18th, at the church. These blankets are used in the United States and around the world to aid the homeless.

This Church World Service Project was chaired by

John Lowell and Lucille Blackak.

The Junior High Youth Group of the church will meet at 4:15 p.m., Monday, November 22nd, at the church to then caravan to Loaves & Fishes in Springfield. They will help the adults from the church serve dinner. All junior high youths are welcome.

Tom McCabe Marks Opening Of New Children's Library

Storyteller Tom McCabe will help Baystate Medical Center mark the opening of a new children's library which was made possible by a \$2,100 donation from the Baystate Medical Center Auxiliary.

McCabe will share a little of his storytelling magic at an Open House to be held on the Pediatric Unit on Wednesday, November 28th, beginning at 2:00 p.m. to celebrate the opening of the Pediatric Library

Thanks to the generous gift of the Auxiliary, the library will enable our pediatric patients to experience new adventures through the magic of reading. Preschoolers to adolescents will be able to select books to be read independently or shared with a volunteer

Memorial or honorary book donations and volunteer readers are being sought. For further information, call the Volunteer Office, 784-4210.

Mayor Johnson To Read **Thanksgiving Proclamation**

Mayor Christopher Johnson will read the official Thanksgiving Proclamation Sunday, November 18th, at the Agawam Community Thanksgiving Service at the United Methodist Church, at 7:00 p.m.

The local Clergy Association has invited everyone in the community to this festive celebration which will include liturgical dance, a trumpeter, and combined choirs of several local churches.

The Reverend Kenneth Tatro will bring the Thanksgiving message, and persons attending are asked to bring an offering of non-perishable food for local food banks or money for the Emergency Fuel Fund. In addition, several other local clergy will participate with readings and prayers.

The Agawam United Methodist Church is located on Route 57 across from the Agawam High School playing fields.

Holiday Decorations Students—Parents—Teachers 28,000 Items

Stationary—Teaching Aids—Art Supplies Room Decorations—Games—Tovs—Furniture Largest In-Stock School Supply Store In The USA Serving Customers World-Wide

Learning Center 609 Silver Street Agawam, MA 01001 (413) 786-9800

Hours: Mon. - Fri. 10:00 - 5:30 Sat. 10:00 - 3:00 Distinguished Service in a Homelike Atmosphere

Agawam Funeral Home

184 Main Street, Agawam, Massachusetts 01001

786-9483

Serving Agawam Since 1956

Our Pre-Payment Plan Guarantees Today's Prices... Whenever Needed

Mason J. Soja

Vincent R. Govoni

Directors

Notary Public

Funeral Director Says Many People Will Be Pre-Paying For Service

FACT: Current projections show that by the year 2000 (that's only 10 years from now!) 4.5 million people per year will be planning and paying for their own funerals in advance.

"Funeral planning is an idea which is rapidly becoming the norm in our society today. Every day across the country, funeral directors like Joseph Curran and myself are receiving calls from families who have just lost a loved one and are in need to plan a funeral," said Amy Davison. In addition, families meet with funeral directors to discuss funeral planning in advance...to express their own wishes and to relieve their loved ones of this emotional burden at the time of need.

"By educating our families of the option to prearrange, we are actually providing an extension of the services we already offer. And with approximately between 50 and 80 things to do to plan a funeral, whether at-need or pre-need, the decisions remain the same. We prefer to sit down with the families at a time when they aren't emotionally stressed or forced into making some decision that may ultimately be irreversible," explained Joseph Curran.

By informing families about funeral arranging as part of their estate planning, we feel we are able to provide a great service to our community. The families appreciate knowing that their funeral home cares about them as individuals and the community in which they

live.
"And I've found," shared Amy, "that when an individual puts his or her wishes in writing, they feel good that they are relieving their survivors of making all of the emotional and financial decisions when a death occurs. After all, this is one of the main reasons that people contact me to set up a confidential appointment.

"From my experience," said Joe, "people who take the time to pre-plan and pre-fund their own funerals are, in reality, gaining their own peace of mind knowing that everything has been taken care of just as they wanted and won't cause them additional financial wor-

We invite you to call us to set up a private appointment to learn what millions of other people just like you are investing in their families and themselves.

..it's the greatest gift of love I could leave for my survivors...



DING HILLS COMMUNITY GRANGE held an early holiday crafts fair recently at its home on North West Street. Pictured above are, from left - Brian and Pauline Provost. RELATED PHOTOS on previous page. Advertiser News photo by Jack Devine.

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open.

Party! Party!

For Your Holiday Party ... The Restaurant Restaurant Fooding Hills

485 Springfield Street, Feeding Hills

Hold Your Company Holiday Party (Up To 75 People) At Partners Private Dining Room

Menus Made To Fit A Budget B.Y.O.B.

Contact Mark Or Laura

786-0975 592-9129

Mr. & Mrs. Club At Jingle Valley Fair



MEMBERS OF THE MR. & MRS. CLUB of the Agawam First Baptist Church are shown displaying some of their beautifully assembled cemetery boxes. All boxes are made of fresh greens and will be sold for \$7 at the Jingle Valley Fair on November 17th from 10:00 a.m. to 3:00 p.m., at the church. Pictured, from left - Percy Hastings, Betty James, Dorothy Nortin, and Everett Hodge. Advertiser News photo by Jack Devine.

Storrowton Hosting Two Yuletide Workshops

In conjunction with Yuletide festivities, Storrowton Village Museum will present two special workshops December 4th and 5th in the Meeting House basement.

On Tuesday, December 4th, Bill Burrows, owner of William Burrows Florist in Longmeadow, will conduct a workshop on seasonal floral arrangements from 10:00 a.m. to 12:30 p.m. Each participant will make their own floral arrangement as part of the workshop.

June Cook, former Village director, will present a workshop on the popular Holiday Herbal Wish Wreath from 1:00 to 3:00 p.m. Each participant will make their own wreath as part of the workshop

The price of each workshop is \$25 and all materials are included. Classes are limited in size and registra-

All buildings in the Village will be decorated for the holidays by area garden clubs. The Village will be open to the public for guided tours from 11:00 a.m. to 3:30 p.m., December 3rd to 8th and Storrowton Tavern will be serving lunch Monday through Saturday. Tours are \$3 for adults and \$2 for children ages 6-16.

For more information or registration, call Storrowton Village, (413) 787-0136.

Monday—Thursday 11 AM - 10 PM

Friday—Saturday 11 AM - 11 PM

Bring Your Own Beer And Wine

Holiday Mitten Tree To Spout On November 23rd

The holiday Mitten Tree at the Springfield City Library will sprout its annual crop of warm-knitted items which will be donated to economically disadvantaged children and families.

Now in its fourth year, the Mitten Tree will be put in place November 23rd in the circulation department of the Central Library, 220 State Street, where it will remain through January 11th. Patrons are encouraged to bring in new or used (but wearable) mittens, scarves, hats and other knitted garments and hang them on the

Last year, 197 items decorated the tree, incuding hand-knit slippers and sweaters. Recipients include the Bliss Street Shelter, the Prospect Street Shelter, Worthington House, the Summit Motel, and the Springfield School Volunteers who distributed the clothing to needy Springfield school children.

Hours at the Central Library are Monday and Wednesday, 12:00 noon to 9:00 p.m.; Tuesday and Thursday, 9:00 a.m. to 5:00 p.m.; Friday and Saturday, 12:00 noon to 5:00 p.m. For information, call the library, 739-3871, extension, 290.

Dine In Or Call Ahead For

Fast Take Out

789-3222



Agawam Senior Center Lunch Menu

November 19th: Monday, Minestrone, meatballs and spaghetti, Italian blend vegetables, whole wheat ibread, fresh fruit.

November Tuesday, 20th: Thanksgiving Day Celebration. Roast turkey, stuffing with gravy, cranberry sauce, baked potato, butternut squash, cranberry nut bread, pumpkin pie, 11:30 a.m. and 12:45 p.m.

Wednesday, November 21st: Beef stew (potatoes, onions, carrots, celery, peas), tossed salad, Canadian oati bread, mixed fruit.

Thursday, November 22nd: Holiday. Thanksgiving.

Friday, November 23rd: Clam chowder, tuna salad on rye bread, potato salad, baked custard.

For all the hometown news, you turn our pages every week



INCREDIBLE **Fall Clearance** Sale

60% Off All In Stock Paper

Grass Cloth \$5.88 S/R

Closeout Wallpaper From 88° S/R

Thousands Of Rolls To Choose From

In Stock At All Times

\$5.00 Per Gallon Paint (Closeout)

Interior & Exterior

Custom Vertical Blind Closeout 70% Off Selected Fabrics

Hundreds To Choose From

Room Darkening Window Shades: \$2.99 371/4"

-Cut Free-

Many Others In Store Specials, Too Many To List

—Shop Early For Best Selection—

WALLPAPER FACTORY OUTLETS Open 6 Days



2 348 WALNUT STREET EXT. (413) 786-7970

Agawam Store Only Sale Ends 12/31/90



MR. & MRS. MICHAEL PERSONS

Susan Conway Bride Of Michael Persons

The Swedenborg Chapel in Cambridge was the setting for the recent wedding of Susan Conway and Michael Persons.

The bride is the daughter of Mr. & Mrs. Kenneth Conway of 50 Poinsetta Street, Agawam.

Parents of the bridegroom are Mr. & Mrs. Roger Per-

sons of White Rock, New Mexico. Jane Latakas attended her sister as matron of honor.

Bruce Colthart served as best man to the

The bride graduated from Agawam High School and Smith College, Northampton. She is manager of tax policy projects for the Massachusetts Department of Revenue in Boston.

Her husband is a graduate of Mount Anthony Union High School, Bennington, Vermont, and Swain School of Design, New Bedford. He is a principal at Brun Design, a graphic design firm in Boston.

Best local news with us, every week!!!



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Knowledgeable Sales Staff

Block Jewelers, Inc., South End Bridge Circle Agawam, MA. Next To Kitchens By Herzenberg



Winners For D.A.R.E. Walk

The Agawam Junior Women's Club has announced the winners of the prizes for the DARE Walkathon. Prizes were donated by Riverside Park and The Rollaway. Random prizes were also given out. The club would like to thank all those who participated either by walking or as a sponsor.

Prizes were awarded to:

ROBINSON

1st, Adam Escobar; 2nd, Alicia LeClair; Random, Jared Hamre, Carrie Fede.

CLARK 1st, Justin Eisenbeiser; 2nd, Rachel Merriam. PHELPS

1st, Nicholas DePalma; 2nd, Pia Bertone-Gross. GRANGER

1st, Nicole Lowell; 2nd, Christine Jack; Random, Jennifer Gildersleeve, Kyle Bousquet. MIDDLE

1st, Kevin Cawley; 2nd, Brian Beglane; Random, Seth Bertone-Gross, Jeremiah Ferris.

Jr. Women's Club Announces Alex Hunter Promoted In U.S. Air Force

Alex Hunter has been promoted in the U.S. Air Force to the rank of master sergeant.

The sergeant is a law office manager at Lackland Air Force Base, Texas.

Hunter is the son of Kate Hunter of 46 Carmel Lane,

He is a 1970 graduate of East Longmeadow High

Domincan Nuns' Monastery Holding Monthly Song, Prayer

The Monthly Hour of Prayer and Song for the families of the world will be held at the Domincan Nuns' Monastery Chapel on Sunday, November 18th, at 4:00 p.m. The public is cordially invited to attend.

The service will include the singing of Evening Prayer and the recitation of the rosary, sermon, and Benediction.

AMANDA'S Restaurant

740 Springfield Street, Feeding Hills, MA

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All Specials Available For TAKE OUT

Sandwich Specials Served Daily

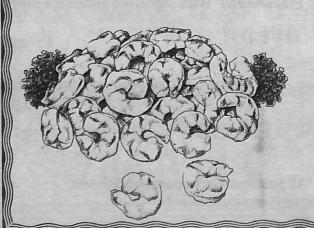
Friday Night Dinners

Spaghetti And Meatballs		\$5.95
Prime Rib		\$9.95
Baked Chicken		\$5.95
Fried Clam Strips		
Fish And Chips	(\$5.95
Baked Scrod		\$7.50
Fried Scallops		\$7.50
Fried Shrimp		\$7.50
Swordfish		\$9.95
Whole Belly Clams		

Served With Potato, Vegetable, Salad, Or Cole Slaw - Choice Of Two & Rolls **REAL Mashed Potatoes**



Great Breakfast Every Day



Cooked Shrimp

Peeled And Deveined Order Now For Holidays

\$13.99 Lb.

786-2924

Supper Sponsored By Ag. First Baptist Church





THE AGAWAM FIRST BAPTIST CHURCH in Agawam Center held a delicious church supper recently. IN PHOTO LEFT, Barbara Tobin and Betty Vames dish-out a casserole; IN PHOTO RIGHT, Louise Mattoon, Eleanor Funai, and Evelyn Abell supervised the dessert table. RELATED PICTURE ON NEXT PAGE. Advertiser News photos by Jack Devine.

Laughing Brook Has Openings For Kids

Massachusetts Audubon's Laughing Brook Education Center in Hampden still has spaces available in two children's programs in December. Preregistration is required at least three days in advance of each program

Nifty Nests, Saturday, December 1st, 10:00 a.m. to 12:00 noon, Grades 3-6. Venture into the woods to hunt for abandoned homes of birds, squirrels, and wasps. Participants will try to figure out who built discovered nests, where the tenants have gone and who might use the nest come winter. Fees are \$5 for Massachusetts Audubon members and \$6 for non-members.

Holidays With Nature, Saturday, December 8th, 1:00 to 3:00 p.m., Grades 2-4. Our holidays and those of other cultures are filled with symbols from nature. Start your holiday season learning about these symbols and discover their connections to nature. Fees are \$5 Massachusetts Audubon members and \$6 non-members.

For more information on these or other programs, call Laughing Brook, 566-8034.

AHS Class Of 1975 Sets Reunion Nov. 24

Agawam High School Class of 1975 is having its 15th Reunion at Shaker Farms Country Club, Westfield, on Saturday, November 24th.

Cocktails will be at 6:30 p.m., and dinner at 7:30 p.m.; dancing til?

If you haven't been contacted and want to join the party, call Pam, 789-0929 NOW!!! Deadline is November 17th.

Fast Fill Oil

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Guaranteed
Lowest Prices In Town

739-1165

Holiday Gifts From Dacey Fine Foods



This year say "Happy Thanksgiving" with our Dessert & Coffee Basket — it has won the hearts of family and friends year after year. A fancy assortment of 35 dessert cookies, dates, figs, unsalted cashews and pecans, an assorted ground coffee gift box, a solid six-ounce milk chocolate turkey, Perugina chocolates, and a bottle of Asti Spumante make a truly unique gift. Please note: With sufficient notice we will be happy to offer fresh fruit as an addition.

Priced at: \$49.95

If we've whetted your appetite – great! Call the ADVERTISER NEWS today at 786 •7747 to place your holiday order!

*All packages can be customized to suit your individual tastes.



Hostesses For Ag. Baptist Church Supper



SETTING THE TABLES for the November 3rd supper at the First Baptist Church are hostesses, from left - Marie Renaud, Kathy Wright, and Phyllis Catchepaugh. Advertiser News photo by

West Springfield Coin Club To Meet At WMECO Building

The West Springfield Coim Club will meet Sunday, November 25th, at 7:00 p.m., at the Northeast Utilities/WMECO Building, 174 Brush Hill Road, West

Business and topical discussioms will take place. Dealers will be available as usual. A small auction of numismatic material is planned. Refreshments will be served/availabile.

The public is invited. Visittors/gurests are welcome as well as potential new members. For further information, comtact Pleter Settion at 596-9:871

Agawam Lions Club Slates Pancake Breakfast Dec. 16th

The Agawam Lions Club is holding its annual Pancake Breakfast at the American Red Cross Donor Center, 235 Chestnut Street, Springfield, on Sunday morning, December 16th, from 8:00 a.m. to 1:00 p.m.

Donate blood and experience the true meaning of giving...giving another chance to hospital patients who need blood. The Agawam Lions Club will serve all blood donors a complete pancake breakfast in support of this precious gift of life.

Call 737-4306 to set-up an appointment for this

festive annual event!



AETAMORPHOSIS: A minister's view... by Dr. Bob Murray Pastor, Valley Community

Winds St. Mark 6:45-51

I sat by the shore of a lake one day...

And there I learned a lesson from the boats at play. Pretty sailboats skate a cerulean lake. And this is

They catch what wind they can...here a little...there

And they teach us much not learned from boats with motors...moving against the current...fighting the

Sailboats teach us to move with the winds of life...using what is there...taking advantage of every gust.

...never regretting what is not there...riding out the storms...waiting in the calms...'til a fresh breeze comes

Sailboats teach what Jesus taught...not to fear the storm...or tomorrow's unknown...but, to seek the best that is now...unfettered from the worst that was then.

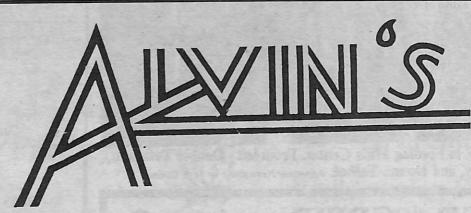
Sailboats teach what Jesus knew...and we must

St. Theresa's Parish To Hold Bazaar Nov. 17

St. Theresa's Parish, North Agawam, is holding its Annual Gift and Craft Bazaar on Saturday, November 17th, from 9:00 a.m. to 6:00 p.m. This holiday event is being held at the Parish Center at the corner of Bridge and Cooley Streets. Handmade crafts, baked goods, stuffed animals, games, and raffle items will be

In addition, anyone who brings a donation for the Open Pantry, will receive a free raffle ticket for the special Teenage Ninja drawing. A special treat will be the arrival of Santa Claus at 10:00 a.m. Mrs. Claus will be taking pictures of this jolly old man with all good boys and girls until 2:00 p.m. See you here! And, Hap-

py Holidays!



The Best Bread In Town And More...

Up To 5 Hot Soups Daily, Salads, And Of Course, Our Famous Sandwiches

Breakfast Served Quickly

From 7:00 - 10:30 A.M. Monday - Friday

Open 7:00 A.M. - 9:00 P.M., Monday - Friday 9:00 A.M. - 8:00 P.M., Saturday 12:00 Noon - 6:00 P.M., Sunday

340 Walnut Street Extension, Agawam, MA

Phone In Your Order 786-3343

Halloween At Westfield Savings Bank



THE STAFF OF WESTFIELD SAVINGS BANK on Main Street, Agawam, dressed for Halloween Day on October 31st. From left - Debi Taylor, Melissa Blackak, Donna Hill, Dawn Hayden, Sheryl Flemming, and Donna Kennedy. Advertiser News photo by Jack Devine.

Halloween At Darlene's Place



THE STAFF OF DARLENE'S PLACE in Feeding Hills Center. From left - Debbie Tetreault, Jacky Seneco, Darlene Perry, Dan Perry, and Donna Talbot. Advertiser News photo by Jack Devine.



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space. 8 RMS, 4 BRS, 2 years young. Leslie Ugolick AGAWAM

124,900 DELIGHTFUL 3 BR Tudor Colonial. LR/fplc, 11/2 baths, garage, more. 789-3985

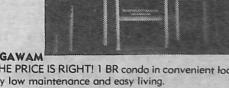
Faith Turney



AGAWAM \$113.000 EXCEPTIONAL Mansion Woods townhouse. 2 BRS, cozy fplc, gas heat, tennis. 789-3985

Barbara Vaughn 786-5992

\$218,000 CLASSIC Colonial with contemporary flair. 8 RM, 4 BR, 21/2 baths, cent. air, vac, security system, gas ht. **Evelyn Hunter** 732-8461



THE PRICE IS RIGHT! 1 BR condo in convenient location. Enjoy low maintenance and easy living Linda Normand 736-2343



\$91,900 NO SHOVELING this winter! 2 BR, 11/2 bath, full basement, Kathy Ayre

Staff Sgt. Timothy A. Forde **Graduates Specialist Course**

Air Force Reserve Staff Sergeant Timothy A. Forde has graduated from the personnel specialist course at Keesler Air Force Base, Biloxi, Mississippi.

Graduates learned to perform in various personnel programs, including career development, training, manning, enlistment, reenlistment, and Air Force pro-

The airman is the son of Mr. & Mrs. Joyce Gregory of 401 School Street, Agawam.

He is a 1973 graduate of Milton High School, and a 1987 graduate of Westfield State College.

La Leche League Gathering In West Side Nov. 19th

Mothers who wish to breastfeed their babies will find encouragement and information at the West Springfield-Agawam La Leche League. The next meeting is Monday, November 19th, at 7:30 p.m., at the Grace Lutheran Church, Westfield Street, West Springfield. Nursing babies are welcome.

The League offers mother-to-mother help at its mon-thly meetings based on the book *The Womanly Art Of* Breastfeeding. The meeting discussions include the latest medical research, as well as personal experience. Other services include a lending library of books on childbirth, child care, breastfeeding, and

For further information, call Jeanne, 739-7923, or Teresa, 734-5922.

the hometown news, you turn pages every week

COMMUNITY CALENDAR

Sponsored By COLONIAL FUNERAL HOME

> Saturday, November 17th Annual Gift & Craft Bazaar St. Theresa's Church 9:00 a.m. to 6:00 p.m.

Sunday, November 18th Community Thanksgiving Service Ag. United Methodist Church Mill Street 7:00 p.m.

Monday, November 19th La Leche League Agawam & West Springfield Grace Lutheran Church, West Side 7:30 p.m.

Tuesday, November 20th Ag. Junior Women's Club Captain Charles Leonard House Main Street, Agawam Center 7:30 p.m.

Wednesday, November 21st Children's Movie for those kids who donated canned goods, paper products Agawam Cinemas, Southgate Plaza 2:00 p.m.

Saturday, December 1st Annual Holiday Bazaar Ag. United Methodist Church 10:00 a.m. to 4:00 p.m.



COLONIAL FUNERAL HOME 985 Main Street, Agawam, MA. (413) 733-3625

Halloween A Gas For Agawam Businesses





OVER AT FRANK PIGNATARE'S TEXACO SERVICE CENTER on Main Street, employees Judith Korbel and Thomas Mezzetti (seeking a part in the "Tom Mezzetti Lookalike Contest") dressed for Halloween; AND IN PHOTO RIGHT, Linda Barry, Laura Drouin, and Donna Byrne, all employees of Partners Restaurant in Feeding Hills, were all set to serve their customers on Halloween Day. Advertiser News photo by Jack

The Brass Rail

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Weekend Dates Still
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 Social Functions • Special Events • Luncheons

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Your Hosts: Jim And Chris Horanzy

Decorate-it-Yourself

Home Improvement Tips From

Wallpaper Warehouse



Wallcovering End Results MICHAEL LAZZARI Vice President

Depend On Proper Preparation

If you can measure, cut and match—you can hang wallcovering. Do remember, however, the end result will depend on properly

prepared walls.

First, remove old wallcovering. Strippable wallcovering is easily removed by lifting a corner of each strip and pulling. If not, sand and then spray wallcovering with water to loosen the paste, and then scrape. The walls should then be washed down to rinse off the old

Remove nails, picture hooks and light fixtures. Fill cracks and holes and then sandpaper. Wash down all greasy areas and rinse with clear water.

Check sizing recommendations of the wallcovering manufacturer. Porous walls should be sized with diluted adhesive or a latex primer.

Glossy surfaces should be sanded or primed with a latex acrylic primer. Sizing should be applied over painted areas.

If you do any painting of the ceiling, molding or doors, do it before you start to hang wallcovering.

Move as much furniture as possible out of the room, so you will not have to stop mid-job and push things around. Spread drop cloths on the floor and carpet.

Use toothpicks to mark screw holes that you will be searching for after the job is completed. Remove the toothpick when covering over the hole, then push it back through when the strip has been put up.

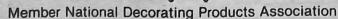
You are now ready to begin, but remember not to use newspapers to cover the pasting table as the ink might soil the new wallcovering.

For more information, visit:





AQAWAM 348 WALNUT STREET EXT (413) 786-7970



Sacred Heart Bazaar On November 17th



THE LADIES ABOVE are all working hard to get ready for the big church bazaar at Sacred Heart Church on Saturday, November 17th. From left - Carol Pignatare, Mary Davis, Nancy Doucette, Annette Phaneuf, Mary Spinelli, Dolly Morassi, Carol Lehberger (bazaar coordinator), and Rita Chyba. Advertiser News photo by Jack Devine.

Ag. United Methodist Plans Holiday Bazaar

The Annual Holiday Bazaar of the Agawam United Methodist Church will be held on Saturday, December 1st, from 10:00 a.m. to 4:00 p.m.

The chairwoman for the event is Pauline Mickey. "There will be knitted and crocheted items, handmade Christmas decorations, attic treasures, candy and baked goods, as well as many other goodies," stated Mrs. Mickey. The Cub Scouts will have a booth "Just For Kids," and there will be an outreach table for the benefit of Mrs. Diana Sands.

In addition, there will be a snack bar with a light lunch for shoppers. The Agawam United Methodist Church is located on Route 57 across from the Agawam High School playing fields.

For additional information, please call the church office, 786-4174.

Dean & Debra Poggi Announce Birth Of Son

Dean & Debra Poggi of Becket are happy to announce the birth of their son, Nicholas Nelson.

Nicholas was born on September 21st at Berkshire Medical Center, Pittsfield. He weighed 6 pounds, 3 ounces, and was 19 inches.

His proud grandparents are Don & Beverly Poggi of Feeding Hills, and Charlie & Betty Bouchard of Daigle, Maine.

For all the hometown news, you turn our pages every week!





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Do you know how you can save money and have peace of mind by paying funeral expenses in advance?

Are your personal records organized so your family will receive the insurance and other benefits you've provided?

Do you know how to shelter funds for funerals before applying for Medicaid?

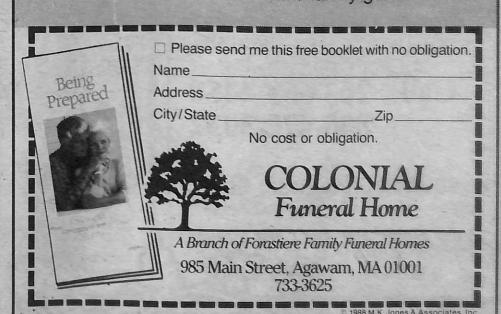
yes

no

Our counselors can help you be prepared by answering questions and assisting you with all the details of funeral planning.

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A Lionized Bunch...



AGAWAM LIONS CLUB MEMBERS, from left - Allan Franklin, Joy Guy, and John Walsh were busy collecting tickets at the November 4th Old-Fashion New England Country Breakfast at the Middle School. RELATED PICTURES ON PAGE 1 and in CENTERFOLD. Advertiser News photo by Jack Devine.

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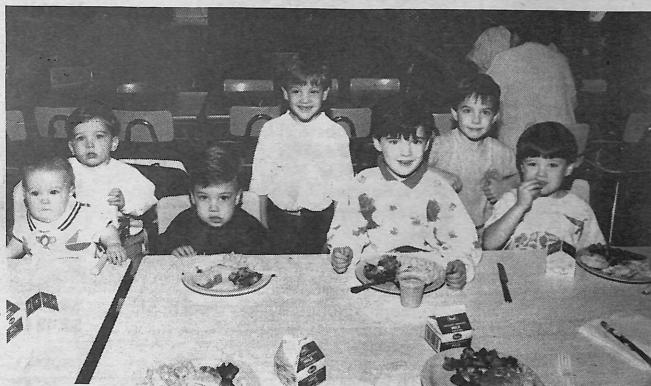
Happy Thanksgiving To Our Customers!

Shop Early Closed Thanksgiving All Day

Agawam Lions Club Stage Old-Fash



AGAWAM LIONESS CLUB MEMBERS, from left - Karen Frantz, Pat Franklin, Adele Bonavita, and Marsha Finck assisted with a bake sale held in conjunction with the Agawam Lions Club's 1st New England Country Breakfast at the Middle School. Advertiser News photo by Jack Devine.



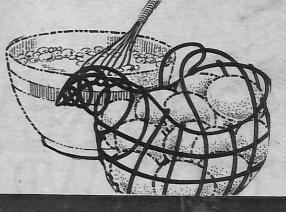
INVADED BY THE RHEAULT CLAN: The seven grandsons of Don & Joan Rheault turned out in a show of strength at the Lions Club New England Country Breakfast at the Middle School. Back row - Caleb, Joshua, and Matthew. Front - Ethan, Nathan, Christopher, and Zachary. Advertiser News photo by Jack Devine.



PALS DAN VIENS and PETER BITZAS had no problem wolfing down their breakfast prepared by the Agawam Lions Club at the Middle School on Sunday, November 4th. Advertiser News photo by Jack Devine.



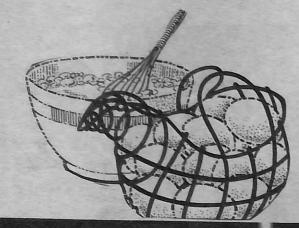
AGAWAM LIONS CLUB PRESIDENT Pat Finck (left) and member Jim O'Keefe were both pleased with the great turnout for the club's Old-Fashion New England Country Breakfast on November 4th at the Middle School. Advertiser News photo by Jack Devine.





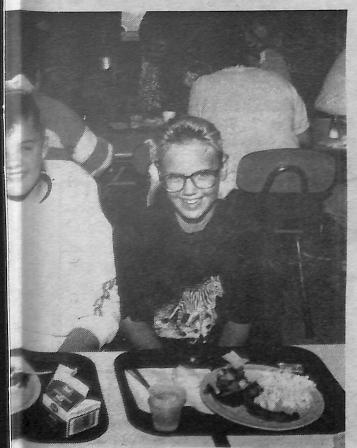
THIS IS GOOD EATIN' say town youngsters from Kristine Modzelesky at the Agawam Lions Club November 4th. Advertiser News photo by Jack Devine.

hion New England Country Breakfast





TONY SERRA (left) and ED JUDKINS were busy all morning preparing hash browns for the Agawam Lions Club at the New England County Breakfast on November 4th. Advertiser News photo by Jack Devine.



From left - Melissa Troie, Lisa Gallerani, and Ob Old-Fashion New England Breakfast on



COFFEE, TEA, OR MILK? That's the question posed by Agawam Lions Club members, from left - Joe Ferrari, Jim Votzakis, and Bill Ekstedt at the Old-Fashion New England Country Breakfast on November 4th. Advertiser News photo by Jack Devine.



ALL BUSINESS HERE: Agawam Lions members, from left - John Negrucci, Matt Blackak, and Ed Disco were hard at work in the kitchen preparing sausage and scrambled eggs at the New England Country Breakfast on Novembe 4th. Advertiser News photo by Jack Devine.



PROGULSKES SHOW THEIR FORM at the breakfast table on Sunday, November 4th: From left - Kai, Kacy, and Ryan Progulske enjoy the breakfast prepared by members of the Agawam Lions Club at the Middle School. Advertiser News photo by Jack Devine.

Halloween At Amanda's, Friendly's, Westbank, & Heritage



THE GANG OVER AT Amanda's Restaurant on Springfield Street, Feeding Hills. From left - Brenda Brown, Lori Harpin, Sharon O'Keefe, and Susan Meunier. Advertiser News photo by Jack Devine.



SOME OF THE GANG at Agawam Friendly's Restaurant. From left - Karen Josephson, Heather Christensen, Jessica Alvares, Lizz Marzano, and Maggie Fitzgivens. Advertiser News photo by Jack Devine.



THE STAFF OF WESTBANK in Feeding Hills Center. From left - Ellen Bellows, Denise Paonessa, Rose Gasteyer, and Jane Burrell. Advertiser News photo by Jack Devine.



THE STAFF OF HERITAGE BANK in Feeding Hills Center. From left - Marcia Lima, Kelly Clarke, Nancie Bourgault, and Barbara Corgan. Advertiser News photo by Jack Devine.



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Early Thanksgiving Dinner Held At Valley Community



ENJOYING an early THANKSGIVING DINNER at Valley Community Church in Feeding Hills are Janice (below) and Eddie Barako. Advertiser News photos by Jack Devine.



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HELPING TO PREPARE A traditional Thanksgiving Dinner served last weekend at the Valley Community Church in Feeding Hills are, from left - Lois McCarl, Elescent Steadman, Mark Dintzner, and Linda Orr. Advertiser News photo by Jack Devine.



MORE KITCHEN HELPERS for the traditional Thanksgiving Dinner at Valley Community Church include Marjorie Lang, Flora Steadman, and Heidi Birchall. Advertiser News photo by Jack Devine.

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Heritage Hall's News, **Events & Activities**

I REMEMBER Across Canada By Railroad Train-by Ronald Johnson

"After attending an Industrial Supply Convention in San Francisco, my wife and I went to visit my brother Stan's home in Oakland and then across the state of Oregon into Washington.

"We stopped in Seattle. Looking out the window of our highrise hotel, I could see the Pacific Ocean on which we planned to take a boat trip the next day.
"Our ship stopped en route at Victoria about noon-

time, and we enjoyed a quick sightseeing tour of the city. That afternoon we went on to Vancouver, British Columbia, our first stop in Canada where we stayed

"From Vancouver, we embarked by rail to cross the continent. We had a pleasant roomette with seating as well as sleeping accommodations. Carroll's Travel Agency had arranged for us to make various stops en route.

"The first stop was at the hotel at Lake Louise. The most interesting feature there was the large dining room where we had three lovely meals. The dining area covered the whole first floor of the building, and was at least the size of a football field. I remember coming down in the elevator here I talked with a gentleman who had just made a trip to his room to change into a coat and tie as he'd been denied entrance to the dining room while wearing a sweater. I recall Sigrid and I were ushered to a table set for four where the extra place set-tings were taken away to give us a private table. I saw a live deer wandering through the massive grounds surrounding the building.

"The next stop was at the Hotel Banff. Both of these areas were noted for lovely views of the lakes and mountains. We enjoyed three fine meals here, too. The idea of enormousness held our attention in this dining room also. There appeared to be room for all the hotel guests

"These two hotels were so large and located so far away from populated areas that over 1,000 students were 'imported' from England each summer to staff

"Our total trip across Canada, including the two stops, was five days. We left that train at Montreal and returned home via the U.S. railroads through New York and New England.'

Turkey Walk
Heritage Hall sponsored its Annual Turkey Walk on October 29th. Residents, family members, staff, as well as children from our day care put on their warm coats, mittens, and hats to walk for the American Heart Association.

Broadcasting live in front of Heritage Hall South was Paul Sutton from Channel 40 News. Walkers were led by Tom "the Turkey" Gwiazda along the route. Cider, hot coffee, and donuts were waiting for residents to enjoy once they returned to Heritage Hall South.

As a result of everyone's efforts, \$1,154 was collected. The top fundraiser for the Turkey Walk was James Philpott, a former resident of Heritage Hall East who has since returned home with his family. Congratulations Jim!

A good time was had by all and the money collected will go to a great cause, The American Heart Association. Thanks to everyone who participated!

> I REMEMBER by Mary Garbarino Hayes

"We all remember the rhyme— In Fourteen Hundred Ninety Two, Columbus sailed the Ocean Blue, but do you remember where Columbus lived as a young man?

SEE HERITAGE HALL - Page 24...



CELEBRATING HALLOWEEN AT HERITAGE HALL with a masquerade and piano party are staff volunteers and residents dressed for the big event. Advertiser News photo by Jack Devine.



YOUNGSTERS VISITING RESIDENTS of Heritage Hall Nursing Home (North) on Halloween included, from left - Nicole Bossig, Darlene Roop, Andrea Davis, Jillian Rovellat, Jessica Fuller, and Michele Bruyette. Advertiser News photo by Jack Devine.

For all the hometown news, townsfolk turn our pages every week - ADVERTISER NEWS

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Understanding Your Grief This Holiday Season

by Lila Forastiere Staff Grief Consultant **Forastiere Family Funeral Homes**

When a loved one has died, the prospect of the upcoming holiday season often is one of dread rather than of joyous anticipation. Holidays are typically rich in traditions, full of plans made together and family gatherings which point out all too clearly the missing place at the table.

If the death has occurred within the last year, family members and friends usually try to be quite supportive, but typically they try to "help" from their own perspective of what THEY think you need.

If it has been over a year since the death, many friends and relatives think that you should be "all better"...that your life (and the holidays) should be back to "normal." Those of you who have experienced the death of a loved one know that this just isn't true. Sometimes the expectations of others about how you SHOULD BE doing, make you feel that there is something "wrong" with you in that you're not "over

Please take heart-there is nothing wrong, with YOU...there's something wrong with our society's expectations concerning those who are grieving.

The process of grief is a process of transition. It starts at the time you learn the news that your loved one has died (or is dying) to the time you can live again with some joy and love. This transition takes lots of time (and work) and we all make this transition in our own way. This article is not one which discusses the process of grief in detail, but you need to keep a few facts in mind as we discuss how to cope with the holi-

. The grief process is very complicated and highly individual; each person needs to grieve in his or her OWN WAY.

2. The grief process is full of hills and valleys (or mountains and revenes!); we don't feel better day by day but have many set-backs.

3. Time alone does not get us beyond the grief; time does dull the intensity of the pain but it takes hard work to live again with renewed joy.

4. You are the only expert of your own grief; no one

can tell you what's right for you.

5. Grief is REAL, it is felt in body, mind, and spirit; it is necessary to allow the feelings in order for the healing to occur; it is a normal, natural, and HEALTHY process...grief in itself is healing.

This article contains no magic answers, but it is intended to present some ideas you might like to try.

PLANNING is the key to coping with the season. Just letting the season bring what it may, can be disastrous in terms of emotional energy. By actively thinking about what you would like to happen, what you need to have happen and what is not important to you, puts you in charge of your own grief and helps you to get through this time with the least amount of stress possible.

First of all, it is not possible to keep the "presence" of the deceased OUT of the holiday...NOR SHOULD IT BE. To try to pretend everything is the same is a futile attempt and only saps the little energy you might have. You need to allow time for grief and for remembering in holiday "plans."

A good first step is to take pen and paper and write down the things you are dreading concerning the holidays. Take a break and re-read what you have written. Sometimes just forcing yourself to put feelings and thoughts into words, gives a new perspective...free floating dread is a stopper to any enjoyment.

Look at each "dread" and walk yourself through it in your mind. Ask yourself "what's the worst thing that could happen?" How do you see yourself responding? Is there an alternate way you'd like to respond? Practice in your mind that response...practicing in your mind is almost as good as the actual experiencing of it. Now that the "worst" things have been faced, the actual experiences can't be as upsetting!

The next step is examining and prioritizing. You need to make a list of every single holiday preparation and activity that you usually do (no matter how small) and then evaluate each one. Think about the BIG picture...the meaning of the holiday to you—what details can be omitted or changed and still keep that mean-

For many people this examining step is a matter of tradition vs. non-tradition. While on one hand, traditional observances offer security and are done automatically so we don't have to think or make a change, they also can tug painfully at our heartstrings. On the other hand, celebrating in a new way, may provide a way to circumvent some of the pain while retaining the meaning that you seek.

After you have evaluated your list and decided what is important to you and what can be omitted you need to consider some NEW ideas. The holiday season won't be the same for you...it CAN'T be. By consciously making it "different" it lessens the pain of being different because it puts YOU in control of the change (It's "different" because I made it so!).

It could be a major change or several little things. A major change is one where the whole holiday is dif-ferent from the "normal." For example, one family celebrated Thanksgiving at an old inn in Vermont rather than having the day at home, while another spent the day working in a soup kitchen serving the

The little changes can be anything like how, when or if you do your shopping and wrapping; how, when or if you decorate your home; the kind of family gathering;

the food to be served-even the time of day the celebration occurs can be altered. The changes that can occur are only limited by our own ideas!

To illustrate what is meant by "changes" let us con-

sider the example that on Christmas Day the entire extended family usually gathers at your house for a large traditional sit-down dinner with china and silver and linens. There are a multitude of changes that you could create: have someone else host the gathering; request each family to bring part of the meal; have a buffet style meal rather than a "sit-down" and use paper goods for easy clean up; instead of dinner this year have everyone eat dinner on their own and just come for dessert and coffee; open presents before dinner in-stead of after (or visa versa!); change the time of the get-together. You need to change as many things as you can while still retaining the importance of being together as a family.

You also need to plan an "alone time"...a time just for you when you can allow yourself to focus your thoughts and love on the deceased. You need to plan when during the day and how to spend this time. (For example: from 10:00 a.m. to 12:00 noon). Again, these plans are highly individualized...some people sit in a chair and gaze out a window reflecting, while others go through picture albums of holidays past, while still others write a long letter to their loved one saying all the things in their hearts. Again, you need to do what's

right for you. By focusing your attention on your missing loved one during a certain time span, you can then focus your attention for the rest of the day onto the loved ones who are still with you...for that is the lesson of death...we need to love those around us while we have them because we know all too well that life is temporary; life is fragile; life is precious; Life is a gift.

Remember that your focus this year needs to be on yourself. What do you need to happen to keep the meaning of the holiday? What do you need to omit for your emotional survival? Remember that you are already pulling a heavy emotional load and don't have the stamina to pile on your usual schedule of holiday activities. Look for ways to simplify and to eliminate the unnecessary to reduce pressure. Inform others who will be affected by your decisions about your plans and your reasons behind them. Ask for understanding, but if you don't get it, don't worry about it (what you do or don't do is a matter of emotional survival - you can't worry about other people's understanding or approval...you are the expert of your own grief).

Remember, also, that you need to balance your love and time. You need to focus on the one who is no longer physically here and you need to focus on the loved ones who are...life IS precious.

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Halloween At Heritage Hall Nursing Home



AT HERITAGE HALL Nursing Home (East Building), Linda Borec, dressed as an elf, wheels Mrs. Claus (resident Shirley Barton) through the halls during the Halloween Party. Advertiser News photo by Jack Devine.



HERITAGE HALL Nursing Home resident (South Building) Mary Agnes Shea wears her sombrero at the Halloween Party. She is being escorted by Nicole Bossig, Terri Cabral, and Jill Rouvellat. Advertiser News photo by Jack Devine.

HERITAGE HALL - from Page 22...

"The Columbus Family lived in a small stone cottage in Genoa. The cottage had a lovely yard with many fruit trees and plants in the garden area. For some reason the house had been abandoned and we children thought it was the best place to play. We even had the fruit to eat in season. The house was open and had been stripped to the bare walls. We still had fun running through the five rooms. Childhood games like 'Hide and Seek,' were played in the garden. The neighborhood children would gather on the benches to visit.

"We were told the local authorities thought Columbus was crazy because of his idea of sailing West and that the earth was round. They even put him in prison. When he was released, he went to Spain and found help there. You know the rest of the story.
"I'd like to go back and see if that stone cottage is

still there and to sit in the garden and look out at the beautiful Sea.

I REMEMBER "BENJI" by Tessie Skomski

"I remember one Summer Sunday morning when I heard a kitten meowing. I went out to the porch and there I saw a black and white baby kitten; it was just about three weeks-old. I picked the kitten up and brought it in the house and placed him on a towel in a clothes basket. I fed the kitten cream of wheat and he drank some warm milk. As the kitten grew older, I tried to introduce cat food; the cat hated it. I would cook eggs every day; the cat would have an egg morning, noon, and night. Chopped ham was also served along with his eggs. Benji lived with me for 11 years.

"Every night Benji" would look forward to his combing and brushing; he grew to weigh 15 pounds!
"Just recently I became ill and was hospitalized. My

niece came to the hospital to see me and also to talk about 'Benji.' We had to decide what was best for 'Benji.' A family member of my niece decided to adopt 'Ben-

"At my bedside on the table I have a picture of Benji,' a cat I'll always remember.

Grace Benton Dancers

A Halloween tradition continues at Heritage Hall North for the sixth year when the Grace Benton Dancers danced in their dancing costumes and enchanted their adoring public.

There is an air of familiarity from the young dancers and their parents. Although some of our smiling faces have been replaced with the new ones, the warming reception was the same.

The performance was a delight; the younger showing their "newness" and the older showing their accomplishment.

Check our classified pages every week - AAN!!!

Care!

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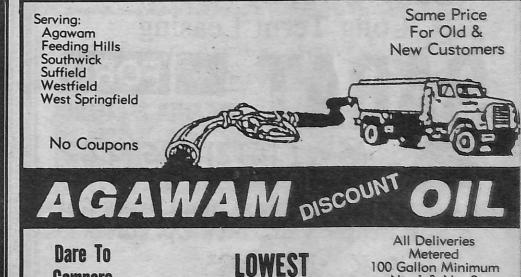
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Ag. Public Library Implementing New Fee

The Agawam Public Library will begin implementing a 25 cent reserve fee on all adult reserves, and interlibrary loans, starting on November 19th, 1990.

The fee for each reserve request is a small contribution that will help cover the cost of necessary paperwork, and telephone calls, or postcards involved in processing the requests. This nonrefundable fee must be paid when placing reserves in person at the Reference Desk.

Thank you for your cooperation during these financially difficult times.

Jr. Women Say Thanks To Kids' Movietime

The Agawam Junior Women's Club would like to thank the owners and management of the Agawam Cinemas for hosting a P.G. children's movie on Wednesday, November 21st.

The admission to the movie is a canned good and/or paper product (aluminum foil, napkins, etc.) These items will be used to fill the Holiday Baskets given to area families to help make their holidays brighter. The movie will be run at 2:00 p.m.

Adults will be welcome for a \$1 admission.

All the hometown news with us, every week - AAN!!!

More Ghoulies At Agawam Friendly's



THE STAFF OF AGAWAM FRIENDLY'S dressed for Halloween on October 31st. From left - Cindee Collins, Dan Dunaisky, Ann Boucher, Monica Gaffney, and Gloria Hastings. Advertiser News photo by Jack Devine.

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open. You can slide your items our door all day. Thank-you very much.

"I might just need a little help."

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The Management & Board Directors



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For Your Health

Some Tips On Safely Eating Your Thanksgiving Turkey

by Agawam Health Dept.

There are many different types and sizes of turkeys available in the market today. To be sure you are getting exactly what you want, read the label carefuly. An inspection mark on the label lets you know that the turkey has been inspected and is safe, wholesome and accurately labeled. The USDA Grade A means that turkeys are meaty, and practically free from pinfeathers, bruises, cuts, tears on the breasts and legs, and broken bones.

If you are one of those people that buy a frozen turkey make sure you pick one that is solidly frozen. A whole frozen turkey can be stored in your freezer for up to one year without appreciable loss of quality.

If you purchase a fresh turkey make sure it is prepared within one to two days. Fresh turkeys are highly perishable and you need to be careful when purchasing and storing them to avoid spoilage. Your market may be able to reserve a fresh turkey for you and hold it for last minute pickup.

The proper method of thawing a frozen turkey is in your refrigerator or under cold running water. The thing to remember about thawing is to keep your turkey cold while thawing to prevent excessive bacterial

growth. A 12-16 pound turkey will usually take two to three days to defrost in the refrigerator. Thawing time under cold running water is six to nine hours. Never thaw your turkey on the kitchen counter. Room temperatures fall within the danger zone that promotes active growth of bacteria. Once the turkey is thawed it requires little preparation before cooking. Remove the neck and giblets and wash the inside and outside of the turkey and the giblets in cold water and drain well. To prevent the spread of bacteria, wash your hands, utensils and sink after they have come in contact with the raw turkey.

Do not stuff your turkey in advance. Harmful bacteria can multiply in the stuffing and cause food poisoning. Turkeys should be stuffed right before the cooking process. The cavity of the turkey should be stuffed lightly, because stuffing expands as it cooks.

Before placing the turkey in the oven you may want to brush it with cooking oil or margarine. Then cover the turkey with a loose tent of heavy duty aluminum foil. This prevents overbrowning, allows for maximum heat circulation, keeps the turkey moist, and reduces oven splatter. It seems every holiday season brings about a new way of cooking turkey. One that has been publicized recently is long cooking at low temperature of 250°F. This method is **not** recommended. Low temperature does not destroy bacteria and could therefore be unsafe.

If the oven is preheated to 325°F. a 12-16 pound turkey is usually thoroughly cooked with four hours. A stuffed turkey will take five hours. The most reliable method for detecting when a turkey is done is by using a meat thermometer. When the temperature reaches 180°F. in the inner thigh area the turkey is done. Another method for doneness is if the leg moves up and down easily and the hip joint gives readily or breaks.

As soon as the turkey is completely cooked remove all stuffing from the cavity. Harmful bacteria is more likely to grow in the stuffing if it is left in the turkey. After the turkey is removed from the oven allow 20 minutes for the turkey to stand before serving. Cover it loosely with alumnium foil. This will make the meat easier to carve and juicier.

Noble Hospital Noting National Diabetes Month In November

November is National Diabetes Month, and Noble Hospital takes this opportunity to increase public awareness of diabetes. Noble Hospital offers screening, education, treatment and support programs in order to identify diabetics and help them cope with their condition.

Diabetes is a condition in which the body cannot use foods properly. When food is digested, it breaks down into a sugar called glucose, which the body uses for energy. The pancreas releases a hormone called insulin into the bloodstream when the blood glucose rises after eating. Insulin helps the glucose go from the blood into the body cells to be used for energy or stored for future use.

The person with diabetes does not produce enough insulin. Without adequate insulin, glucose in the blood rises above normal because it cannot enter the cells. The normal fasting level of blood glucose is approximately 60 to 115 milligrams per 100 milliliters. A higher than normal blood glucose level is called hyperglycemia.

The symptoms of untreated diabetes are the body's reaction to inadequate insulin. Increased urination occurs as the body tries to eliminate excess sugar. Water is drawn from the tissues to make more urine. Excessive thirst develops as the body tries to replace water being eliminated. Fatigue, weakness, and weight loss occur because the body is unable to use or store glucose. Appetite increases in an attempt to provide the body with more food for energy.

Other symptoms may include infections, slow healing, itching, numbness, pain or tingling in the hands or feet, and changes in vision. With proper treatment,

symptoms can be controlled.

In Type I, or insulin-dependent diabetes, the pancreas produces little or no insulin, and daily insulin injections are required. Diet and exercise are also important in treating Type I diabetes.

Type II diabetes develops most often in people over 40 years of age. In such individuals, the pancreas usually produces insulin, and treatment consists of diet and exercise, and possibly the use of an oral

hypoglycemic medication. Type II diabetes is also referred to as non-insulin-dependent diabetes. However, some adults may require insulin for adequate control.

Barbara Agard, R.N., C.D.E. (Certified Diabetes Educator) is often consulted by doctors at Noble Hospital to work with patients with diabetes. When a doctor orders a consult, Agard usually works with the patient every day until discharge. She also sees outpatients in need of consultation.

In 1987, Agard took a week-long course at the Joslin Clinic in Boston. Following the course, she took an exam and became certified by the American Association of Diabetes Educators.

Knowing that many people with diabetes may be in need of a support network, Agard would like to start a Diabetes Support Group at Noble Hospital. Interested persons as well as their families may contact the Community Relations Department, 568-2811, extension 577.

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For Your Health - continued ...



Study Concludes Herb Effective For Hay Fever

A research study, published in the February, 1990 issue of the German medical journal *Planta Medica*, shows that freeze-dried stinging nettles (Urtica dioica) may be effective in relieving hay fever symptoms.

The randomized, double-blind study of freeze dried Urica dioica in the treatment of allergic rhinitis was conducted by Dr. Paul Mittman, director of research at the National Colege of Naturopathic Medicine in Portland, Oregan.

Sixty-nine individuals completed the double-blind study, which compared the effects of freeze-dried nettles with a placebo in relieving hay fever symptoms. Fifty-eight percent of those given nettles rated it moderately or highly effective. Stinging nettles have reportedly long been used as both food and medicine in North America, Europe, Asia, and Africa. The plant contains histamine, betaine, choline, acetylcholine, serotonin, and formic acid.

Tofu Tops Food Lists

Health care food service operators are beginning to take notice of tofu because of its high nutrient makeup, low cost, and versatility. Tofu is a lot like where fish was 15 years ago—only people who liked it and knew its nutritional benefits ate it; but now, everyone does. The same will be true for tofu. **Eight essential amino acids are present in tofu**—65 percent of which are usable for tissue-building. **Tofu contains 80 percent unsaturated fat, no cholesterol, and 20 percent of the USRDA of calcium.** Tofu is also low in sodium and contains vitamins B1, B2, B3, A, phosphorus, magnesium, potassium, and iron.

Chromium And Blood Lipids

A study with humans published in the *Western Journal of Medicine* 152, 41-5 (1990), has shown significant reduction of total cholesterol, LDL-cholesterol, and apolipoprotein B, the main protein of LDL, after daily consumption of 300 mcg. chromium as the picolinate for 42 days. The chromium supplement was compared to a placebo in this crossover study.

Head Injury Support At Mercy Hospital

The Weldon Center for Rehabilitation at Mercy Hospital is sponsoring a monthly support group for nead injury patients, their families, and friends. The next meeting will be held Wednesday, November 28th, from 7:00 to 9:00 p.m., with subsequent meetings scheduled for the fourth Wednesday of each month. The group will meet in the Breck Room of the Deliso Conference Center at Mercy Hospital.

There will be a presentation entitled, "Is There Life After Therapy?," focusing on recreational, vocational, and educational reentry. This presentation will be followed by an open discussion time.

All individuals who have had a head injury, their families and friends are invited to attend. The group is offered as a community service and is free of charge.

For more information, please call Jane Bausch, 737-8153, extension 6454, at the Weldon Center for Rehabilitation.

FOR YOUR HEALTH is published every week as a public service to our readers.

Smokers Taking Huge Risks: Quit Today!!!

Cholesterol gets all the press, but it's only part of the heart disease story. Smoking, obesity, high blood pressure, and a history of heart disease in the family are among other factors that can boost your chances of having a heart attack.

You can't pick your parents, but you can be aware of your ancestry. If one or more of your biological relatives has had premature heart disease before age 55, you are at risk of early heart disease, too. You may have an inherited condition that causes you to have a high cholesterol level or results in some subtler disorder in the way your body uses fats.

The other point to keep in mind is that these "risk factors" are cumulative. If you smoke and have high blood pressure, your risk is substantially higher than if you just have high blood pressure. If you smoke but have normal cholesterol and blood pressure, your risk of having a heart attack is still about twice as great as it would be if you didn't smoke.

it would be if you didn't smoke.

If you smoke and have high cholesterol, your risk is more than four times what it would be if you just smoked. And if you smoke, have high cholesterol and high blood pressure, your risk of having a heart attack is more than eight times greater than if you don't have any of these risk factors. If you have a family history of heart disease, reducing these risk factors becomes even more important.

The public has been brainwashed to believe that high cholesterol is synonymous with atherosclerosis and heart attack, but it isn't. Cholesterol in the blood leads to heart attacks, but cholesterol in the diet does not raise blood cholesterol as much as saturated fat in the diet.

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November 15, 1990





THE ROCK GROUP "Voices," featuring Agawam residents Joe Rondoletto (second from left), Brian Pioggia (middle), and John Losito (next to Pioggia). Also in photo are group members Chris Cox and Doug LeBlanc.

Featuring Three Agawam Residents...

VOICES: These Guys Are Becoming Hot Commodity

by Debra Macey Taylor Advertiser News Staff

If you stop by the Endzone on Memorial Avenue in West Springfield on Saturday night, November 17th, you will be lucky enough to see a group perform that is destined for greater things, an incredibly talented group whose roots are in Agawam.

Their name is Voices and they include Brian Pioggia of Agawam - lead and backing vocals; Joe Rondoletto of Agawam-drums, percussion, backing vocals; John Losito of Agawam-keyboards, backing vocals, Chris Cox—guitars, backing vocals; & Doug LeBlanc—bass, backing vocals. Pioggia, Rondoletto, and Losito are graduates of Agawam High School and have been together musically since their high school days in the mid-1980's.

They got their start as Extra in 1985. They were a top 40 weekend band out to have a good time making music. In 1989, they took some time off. After some personnel changes, **Voices** was born just nine months

According to Rick Knightly, the group's personal manager/agent, what makes Voices special is that they Barrel in Killington, Vermont, in conjunction with Don

helped "pave the way for bands doing original music." Voices currently has a tape being distributed locally by Strawberries Record Stores. The tape is called "Do You Hear Voices" and it consists of five songs; You Got The Best Of Me, Let The Rain Fall, Forever Tonight, Autumn Night, and It's Allright Now all written by Pioggia and *Voices*. The tape is doing well. "We've sold over 200, the West Springfield Strawberries sold nine tapes in two days," Pioggia said.

Knightly also stated that a recent Valley Advocate reader poll named Voices one of the best local bands. They beat the Springfield Symphony," he boasted.

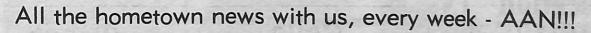
Voices is currently seeking a national record contract. "They have turned one down already with Esquire Records. We want to go with a label that will give us major distribution. They'll be signed to a major contract within the year," Knightly stated.

In the near future the group is extremely busy. Besides their regular local weekend work, they will be opening for the Fools on November 30th at the Pickle

Law Productions. There is also a strong possibility they will open for Hall & Oates at a future date.

Voices is also in the process of producing another tape for distribution called Do You Hear Voices Too in early 1991. According to Rondoletto, the new tape will have a slightly harder edge. "Our first tape was on the mellow side. This one will be more rock n' roll.

This writer recently had the pleasure of interviewing these talented young men and next week you will hear their personal views and dreams for the future. I will also be hearing them perform live Saturday night at the Endzone and I will be reporting on that as well.





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Continuing Our Series On Town Resident **Teaching In China**

EDITOR'S NOTE: Richard Femmel, a resident of Letendre Avenue, Feeding Hills, has been teaching at the Chinese Mercantile University in Shanghai since last January. This is the third in a series of reports of his adventures and impressions of China.

There are about 4,000 students at my school which is considered an average size for China. There are also about 2,000 teachers and university employees.

The students have about 30 hours of classes each week which is double the average U.S. student. The concentration of the student's academic work is the class lectures

Because students spend so much time in class, homework, research, term papers, and essays are rarely assigned. Attendance is usually required. I never take attendance because the students always come to my class. Listening to an American teacher is much more exciting to them than a Chinese teacher.

The students go to class, listen, take notes, and study for the mid-term and final exams. Most students study in the evenings in empty classrooms. This is because with seven other roommates, it is difficult to concentrate in their dormitory room. Plus, all electricity is automatically shut off by the school every evening at 10:30 p.m. (11:30 p.m. on Saturdays) in the dor-

Chinese teachers are very lenient with their students. Teachers rarely fail students and if a student fails, he is allowed to take a make-up exam in an attempt to pass the course a second time. One teacher told me that in 20 years of teaching he had never failed a student.

Something else that surprised me was the level of cheating done by Chinese students. They do not think it is wrong to copy and talk to each other during the exam or to look at their own notes. The first test I gave, I was shocked at the openness of the students in

One student told me about how the teachers don't care if they cheat. She said during one of her final exams last semester everyone was looking at their notes while the teacher read a newspaper. Then the teacher told them to be careful in case another teacher came in the classroom. Translation, "I don't care if you cheat. Just don't get caught by another teacher.

There is a definite difference between Chinese students in China and Chinese students in the U.S. The reason is that most Chinese students in China have little incentive to study hard because they know that when they graduate they will get a low paying and boring job regardless of how well they did in school.

Chinese students are divided into male and female dormitories. You will never see male and female students living in the same dormitories. The guys are allowed into the girls' dormitories from 4:00 to 7:00 p.m. every day. Girls are allowed in the guys' dorms

The students live eight to a room. The room is about 15 feet long, 12 feet wide and 10 feet high. The reason it is so high is because of the need for bunk beds to get eight people into such a small room. Students have no choice of who their roommate will be. Students wash all of their clothing by hand. They hang it in their rooms, halls, and out the windows of their rooms. The bathroom is down the hall.

Students eat in the school cafeteria. They must provide their own eating bowl and utensils, and also clean it themselves after eating. The students pay for each dish with coupons they have purchased. Unlike most American colleges, students here do not have the luxury of eating as much as they want. Lunch and dinner is usually a bowl of rice with a little meat and vegetables added. Students spend about 2 Yuan (40 cents) each day on food.

Students in their free time like to listen to music, play basketball, soccer, badminton, and dance. School dances are held in the school cafeteria every Saturday and Sunday evening. It costs 1 Yuan (20 cents) for students. The music is usually tapes of Chinese and American songs. It is not unusual to see girls dancing with girls and guys dancing with guys. The students dance disco, the waltz, jitterbug, and the two, three, or four step, depending on the song.

I enjoy attending these dances, talking to my students and just observing how different these dances are from the ones that my school had when I was in col-

Students usually receive between 80 to 100 Yuan Students usually receive between 80 to 100 Yuan (\$16 to \$20) each month from their parents. After paying for meals the students have little spending money left, about \$4 to \$8. Therefore, students never eat dinner at restaurants or can afford to spend much on new

It is not unusual to see a student wearing the same outfit several days in a row. I still feel guilty about accepting a ticket to a school dance (that was sold out) that my student bought for me. She refused to take my I Yuan. The money meant nothing to me but I knew it meant a lot more to her.

The Agawam Advertiser News

New Valley Players Seeking People Who Love To Sing

The New Valley Singers are looking for people who love to sing classical music for two performances planned for Sunday, February 24th, and Sunday, March 3rd. We are looking for people who want to expand their musical knowledge and have had experience singing in a group or as soloists. We are also planning a program of show tunes and light music later on in May.

The New Valley Singers rehearse on Monday nights at St. Peter's Lutheran Church in Holyoke, from 7:30 to 9:30 p.m. Paul Putnam of the University of Massachusetts directs as well as instructs the chorus. Singers interested in joining can call Danielle, 781-4159 (after 6:00 p.m. weekdays and any time weekends).

The New Valley Singers is a nonprofit community chorus under the auspices of The Valley Community

Museum-Hopping Trip Set For New York City Dec. 8th

Art on the Go, the Springfield Art Museums travel program, is planning a museum-hopping trip to New York on Saturday, December 8th.

Drop-offs will be made along "Museum Row" with the final destination the Metropolitan Museum of Art, where travelers can choose from several exhibitions: Antiquities from the Collection of Shelby White and Leon Levy, Drawings by John Singleton Copley, Arts of Mexico, American Quilts and Coverlets and Theatre de la Mode, a recreation of a traveling exhibition of 120 figurines, dressed in French couture fashion of 1945-46. The annual Christmas tree and Baroque creche will also be on display.

Cost of the trip is \$40 for members of the Springfield Library & Museums Association and \$50 for nonmembers. For reservations, contact the travel coor-

dinator, 736-8956.

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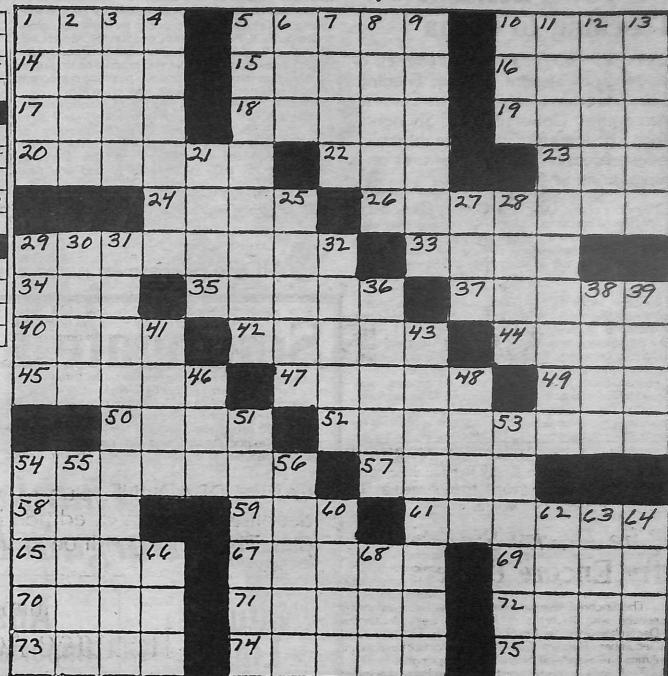
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MEET THE MASTER - by Dick Mastrojanni



Victorian, Edwardian England On Display At Museum

The formal elegance of the Victorian and Edwardian eras will grace the Springfield Museum of Fine Arts when Les Petites Dames de Mode visit the museum December 2nd-30th. Les Petites Dames, a collection of 32 period costumes displayed on 29-inch fashion mannequins, are the creations of John Burbidge, a retired wedding dress designer for Priscilla of Boston. The exhibition is supported by a grant from Eastfield Mall.

The ancestors of Les Petites Dames were the 18th

century fashion dolls who traveled all over the world proclaiming the latest French styles. Dressmakers copied their clothes so their fashion-conscious patrons could remain "au courant."

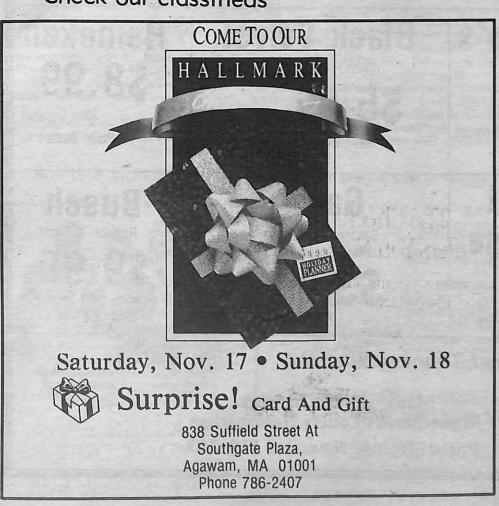
Burbidge fashions his exquisite costumes from a combination of original and contemporary materials. Over the years, he has amassed a large collection of

bits and pieces of historic fashion which otherwise would molder in some dusty attic. Pieces of old lace, sparkling beads from deteriorating gowns, and fabric fragments from once-stylish ensembles are given new life under the master designer's needle.

Each mannequin is perfectly outfitted down to the last detail. Under each dress is the appropriate bustle, hoop or petticoat. Matching hats cover French human hair wigs fashioned into intricate period hairstyles. Glamorous jewelry, miniature fans, parasols, hand-bags, and other accessories complete the costumes.

SEE MUSEUM - Page 32...

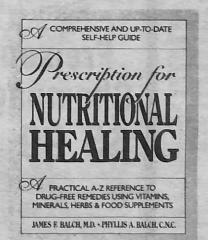
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AGAWAM RESIDENT SAL MARZANO and Chicopee native Kathy Renaud are appearing in "The Lucky Spot," to be staged by The Encore Players next month.

The Lucky Spot Set By Encore Players

The Encore Players present their second play of the season with "The Lucky Spot" by Beth Henley on December 6th, 7th, 8th, 14th, 15th, at 8:00 p.m. and December 16th, 7th, 6th, 14th, 15th, at 6.60 p.m. and December 16th at 2:00 p.m., at McDuffie School, Ames Hill Road (off Maple Street), Springfield.

This lively comedy, directed by Jean Burns, recipient

of many awards including best director at last year's CTA festival, is set in rural Louisiana on Christmas Eve 1934. The story takes place in the "Lucky Spot," the local dance hall which is under "new ownership." The resulting escapes are a merrily delightful way to usher in the holiday season.

Appearing in the cast are: Jamie Cass, Bruce Harvey, Steve Henderson, Sal Marzano, Kathy Renaud,

Sheryl Stanzak, and Mary Treiber.

Ticket prices are \$7 general admission, \$6 for seniors/students. Preview Night (Thursday evening) and Sunday matinee performances are \$5. For more information, call 731-5290 or 568-8435 or in Connecticut Anne Kertanis at 203-745-4761.

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The Nutcracker Is Back In Springfield

The beloved Christmas tale of The Nutcracker returns to Symphony Hall in an all-new fully-staged production featuring the Springfield Symphony Or-chestra and Alabama's Ballet South. Sponsored by Milton Bradley and Tambrands, the magical melodies of Tchaikovsky will bring Clara and her toy Nutcracker to life on Friday, November 23rd, at 7:30 p.m.; Saturday, November 24th, at 1:30 and 7:30 p.m.; and Sunday, November 25th at 1:30 p.m. Suzanne Suadeba of Feeding Hills will perform with the Children's group.

Mikhail Barishnikov has described Ballet South as

"talented, energetic and with determination." Led by artistic director Dame Sonia Arova, the Alabama-based company will present a sparkling production of The Nutcracker with the Springfield Symphony Orchestra featuring choreoraphy by Thor Sutowski, sets designed by Davis West of San Diego, new costumes and, of course, the magic Christmas tree that grows on stage! The Springfield Symphony will perform live, conducted by Maestro Raymond Harvey.

Ballet South's company includes members from China and the Soviet Union, most notably Bai Lan who will dance as the Sugar Plum Fairy, and Mark Yin as her Cavalier. *The Nutcracker* will feature over 35 Ballet South dancers, with 66 local children as party guests, trumpeteers, marshmallows, and cake carriers! The children are rehearsing at the New England Dance Conservatory in East Longmeadow under artistic directors Kenneth Lipitz and Shelly Ziebel.

Although Tchaikovsky's famous masterpiece, *The Nutcracker* Ballet, has delighted children of all ages for nearly 100 years, the composer himself didn't realize the gem he had created, and was quoted as saying it had "turned out to be rather boring." He wrote it as

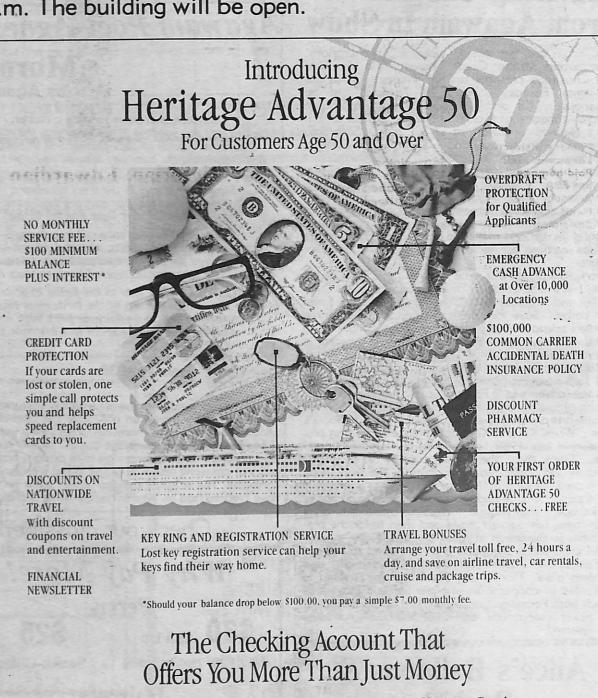
part of a commissioned performance for the St. Petersburg Opera in Russia, and personally conducted its debut performance for the Czar himself. The ballet is based on a story by German writer E.T.A. Hoffman entitled "The Nutcracker and the Mouse-King," which Tchaikovsky had read 20 years before. Audiences to-day continue to be enchanted by the tale of a little girl's Christmas gift, a toy Nutcracker, and her dream that brings him to life for dazzling adventures. The many themes now familiar to audiences around the world include Tchaikovsky's beautiful Waltz of the Flowers, Dance of the Sugar Plum Fairy, dances for Chocolate, Tea, Coffee, and much more.

Ballet South's professional company tours with major works like *Swan Lake*, *Giselle*, and *Cinderella* as well as new works by Resident Choreographer, Thor Sutowski. Mr. Sutowski was honored this year with a fellowship from the Alabama State Council on the Arts for his achievements in Choreography. Artistic Director Dame Sonia Arova rose from the Opera Ballet National Theater in her native Sofia, Bulgaria to international stardom, dancing with the American Ballet Theatre, Igor Youskevitch, Eric Bruhn, and Rudolf Nureyev, among many others.

Tickets are on sale now for The Nutcracker priced at \$7-\$28 with a special \$5 off discount for children under 12. They can be purchased by visiting the Symphony Box Office at Baystate West or by calling (413) 733-2291. Gift Certificates are also available at the Box Office for holiday gifts.

These performances are funded in part by the National Endowment for the Arts, the Massachusetts Cultural Council and the Business Friends of the Arts.

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open.



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IN THE KIT AND KABOODLE production of "Babes In Toyland, "several Agawam residents are performing. Above, from left - Alan (Jordan Page of Agawam) comforts his sister Jane (Aleda DeMaria of Suffield) as Tom (Lucas Taylor of Agawam) explains to his sister Contrary Mary (Carrie Janik of Agawam) that with the help of the Moth Queen (Alison Crowley of Suffield), all of them will escape to Toyland.

Babes In Toyland **Featuring Children** From Agawam In Show

A villain and two sneaky sidekicks, two orphans, your favorite Mother Goose Characters, a toymaker and Christmas presents are all wrapped up in the Christmas Fantasy "Babes In Toyland" to be presented by Kit and Kaboodle Productions Stage children's theatre at Mapleton Hall in Suffield on Friday, November 23rd, at 7:30 p.m., Saturday, November 24th, at 2:00 and 7:30 p.m., and Sunday, November 25th, at 2:00 p.m.

The children who comprise the cast of this zany production come from the towns of Suffield and Enfield, Connecticut, and Agawam, Feeding Hills, and Southwick. They are between the ages of 7-14 and are participating in a theatre workshop. They are helping to build the set and make the props and costumes, as well as learning acting techniques and rehearsal pro-

Participation in this type of workshop is a lot of work, but in the words of Emily Allen who plays Lucy Locket and Raggedy Ann, "I couldn't wait until Tuesday came!" Says her mom, Susan, who has three children participating in the cast, "The children just can't wait for rehearsal days. They look forward to

every minute of it."
"Babes In Toyland" is the eighth production for Kit and Kaboodle Productions' Stage children's theatre. For co-producers Lyle Pearsons of Suffield and Margie Secora of Southwick, it is an encouraging sign that the theatre arts are an important aspect of young people's lives. "When Kit and Kaboodle produced its first production in July 1989, 26 children participated," said Lyle. "Since then, the shows consist of 35 to 40 children and applications for spots in the workshops far exceed the available spaces."

"We don't require auditions for entrance to camps or workshops," said Margie. "We take applicants on a 'first-come, first-served' basis and then tailor the productions to the needs of those children.'

All proceeding productions have played t audiences and have received praise from adults and children alike. Tickets are \$3. Babes In Toyland is presented in cooperation with the Suffield Players of which both Pearsons and Secora are board members. For ticket reservations, call (203) 668-0837. All seats are reserved. annamentanamentanamentanamentana

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Let's Talk Travel

by Julie Mercadante CTC



Colonial Williamsburg

Day Two of my trek to Florida started on a better note. The weather was beautiful and the car had "Chilled Out." ("Chill Out" – the younger generation's term for "Stay Cool"). Well, the car was cool, literally and the control of th literally-no more thermostat problems, thank goodness

We left Edgewood, Maryland around 8:00 a.m. and continued south on 95. In Richmond, Virginia we headed east on **64** for a side trip to Williamsburg. We arrived just before noon in the Colonial area of the city, a mile long and half-mile wide settlement that has been restored as nearly as possible to its 18th-century appearance. If you're planning a trip to this area, you should write to the Chamber of Commerce and the Colonial Williamsburg Visitor's Center for information so you'll have an idea of what you'd like to see and how much time you'll need to see it.

There are three types of admission tickets available for Colonial Williamsburg. The Patriot's Pass (\$28), good for one year offers unlimited admission into almost all of the buildings and includes a tour. The Royal Governor's Pass (\$24.50) can be used for four consecutive days and includes admission into some of the exhibits and does not include the tour. The Basic admission (\$21) allows admission into 12 buildings of your choice, not including the major exhibits, and is good for one day.

Children, ages 6-12, are about half the cost of an adult ticket. This can be an expensive outing, especially if you're traveling with children. There are presentations, plays, tours, carriage and wagon rides, and exhibits that require a separate ticket and the schedules vary from day to day.

Be prepared! Fall is the perfect time to travel - early spring must be nice, too. The heat and humidity are gone and so are the lines of tourists. Sandy and I spent a pleasant afternoon touring the settlement - not nearly enough time to see everything. We were transported to another era as we had lunch at the Shields Tavern. The menu offers a variety of colonial Virginia foods from the 1740's. I think you'd need at least three days to see the settlement and the attractions in the surroun-

ding area:
What to see: Bassett Hall—The Williamsburg residence of Mr. & Mrs. John D. Rocketfeller, Jr., who were instrumental in the restoration of the village; Busch Gardens; College of William and Mary; Jamestown Settlement; Water Country; Yorktown; several museums and plantations; Williamsburg Pottery Factory.

At 6:30 p.m., we traveled to Route 40 south for about 40 miles until we reached 95 south. We stopped at Emporia, Virginia, at 8:30, just north of the North Carolina border. Our hotel for the night was a Days Inn located at the exit. The double rate was \$50 including tax. At this point we had traveled 707 miles - about halfway to our destination. More to come...

JOTS FROM JULIE:

Things are starting to get organized around here. The weather's been ideal. Mid-80's during the day and mid-60's at night. No rain in three weeks. Being so far away from home, you don't expect company to show up on your doorstep-but low and behold, who was ringing the doorbell last week but Pat McBride and Nancy Gehring, friends from West Springfield. What a nice surprise. The time has come to find that radio station with the call letters WORK. The economy's not that great down here, either. Pretty soon I'll be selling pencils on the street corner!!!

Agawam Poet Agnes R. Neylon Smith

Morning Reverie by Agnes R. Neylon Smith

I awakened at dawn to such a clatter, I looked out my window to see what was the matter; There were birds of each feather, all in song, But somehow, the harmony seemed to be wrong;

There were robbins, finches, sparrows, and dove, Singing in choir, in the trees up above; But now, I see why the cadence had gone, Two big black crows were singing along;

I saw the squirrels take off in a hurry, And shy little rabbits, also did scurry; The crows spoiled the concert's dulcet tones, And all little creatures scampered back to their homes;

The crows soon flew to the fields of corn, And the joyous concert of the birds, was reborn; The rabbits and squirrels came back very soon, And enjoyed the music 'til late afternoon;

Incessantly warbling with never a stop, Birds on the feeders, and ground, sprightly hop; They perch on the side of a very small pool, In the heat of the day, they try to stay cool;

They chitter and chatter, and never will leave, 'Til Mr. Sun goes, and sends his friend, Eve; Then slowly and surely, one by one, The birds all leave, for their day is done;

They go to their feathered-nests in the trees, Carefully sheltered away from the breeze; They know that the Sandman is soon to creep, And it's time for all birdies, to go to sleep;

So nestled all cozy, snug, and warm, They'll sleep, and dream of a bright new morn.

MUSEUM - from Page 30...

Ball gowns, wedding gowns, walking costumes, the 'at home" dress, even an ensemble for "the elegant widow" are among the many costumes in the wardrobe of Les Petites Dames. Burbidge doesn't simply copy existing garments, but creates his own designs based on years of costume research and working with authentic garments. His original designs reflect what he would have created had he lived in another time and place. In the exhibit pamphlet he wrote, "...these enchanting lit-tle ladies represent my own deep appreciation for a manner of dressing that was once fashionable and elegant in a world that no longer exists.

Admission to Les Petites Dames de Mode is \$2 for adults and \$1 for children under 12

The museum is located on the Quadrangle at the corner of State and Chestnut Streets in downtown Springfield. Hours are Wednesday, Friday, Saturday, and Sunday, 12:00 noon to 4:00 p.m. For information, call (413) 733-6092.

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ED CHICKEN ROLL-UPS

(Makes 4 servings)

1 1/2 cups fresh bread crumbs (3 slices)

1/4 cup shredded carrots

2 tablespoons margarine or butter, melted 2 tablespoons plus 1/3 cup water

2 teaspoons Wyler's or Steero Chicken-Flavor Instant

2 ounces fresh or frozen whole green beans

4 skinned boneless chicken breast halves, pounded 3 tablespoons flour

1/4 teaspoon paprika

2 tablespoons vegetable oil

1 tablespoon ReaLemon Lemon Juice from Concen-

1/4 teaspoon thyme leaves

In small bowl, combine crumbs, carrots, margarine, 2 tablespoons water and 1 teaspoon bouillon. Place equal amounts of crumb mixture and beans on center of each chicken breast half; roll up and secure with wooden picks. Combine flour and paprika; coat rollups. In large skillet, brown in oil. Add remaining 1 teaspoon bouillon, 1/3 cup water, ReaLemon brand and thyme; cover and simmer 20 minutes or until tender. Slice roll-ups if desired. Refrigerate leftovers.

For years, butter and heavy cream have been the backbone of French sauces. Traditionally, these ingredients were liberally added to obtain rich, hearty flavor. Less fattening ingredients are used today, however, to obtain the same rich flavor intensity. One such method of creating a maximum-taste sauce with little added fat, is by deglazing wth cognac.

Flavors intensify as meat, poultry or vegetables are browned in a pan. Juices drawn from the meats or vegetables collect in the bottom of the pan as savory deposits. The deposits can be dissolved, and the pan therefore "deglazed," by adding a small amount of cognac with a little stock or cream. The resulting liquid is seasoned with herbs or aromatics to form a flavorful

The following recipes demonstrate two different sauces which can be created by deglazing with cognac. Tenderloin Napoleon is seared in a pan to release the natural juices. The carmelized deposits take on increased potency as they are reconstituted with cognac and beef stock. Poulet de Provence is also browned in a pan and the sauce is enriched by combining the deglazed pan juices with a small amount of

TENDERLOIN NAPOLEON

(Makes 4-6 servings)

teaspoon olive oil 11/2 pounds beef tenderloin fillets, cut 1-inch thick

1/2 cup beef bouillon 2 tablespoons Courvoisier Cognac

cup thinly sliced mushrooms

1/4 cup minced shallots

1/4 teaspoon ground thyme Salt and freshly ground pepper

Heat a large, heavy skillet over high heat; lightly brush skillet with oil. Reduce heat to medium-high; add steaks to skillet and cook allowing approximately 4 minutes per side for medium-rare (about 6 minutes per side for medium). Transfer the tenderloins to a platter and cover with foil to keep warm. Add bouillon and cognac to the pan and heat over medium-high heat, scraping loose the browned bits on the bottom of the pan. Add mushrooms, shallots, and thyme. Cook, stirring for one more minute. Season to taste with salt and

POULET DE PROVENCE

(Makes 4-6 servings) 1 ½ pounds boneless and skinless chicken thighs

11/2 tablespoons butter

1/2 cup chicken bouillon 2 tablespoons Courvoisier Cognac

cup seeded and diced tomato

teaspoon dried herbs de Provence* 1/4 cup heavy cream Salt and freshly ground pepper

Heat a large, heavy skillet over high heat; lightly brush skillet with oil. Reduce heat to medium-high; add chicken. Brown chicken on all sides. Add butter and cook 7 minut s more per side. Transfer the chicken to a platter and co. or with foil to keep warm. Add bouillon and cognac to he pan and heat over medium-high heat, scraping loc e the browned bits on the bottom of the pan. Add toma, res, herbs de Provence and cream; reduce heat and cook sauce to warm throughout. Season with salt and pepper to taste. Pour sauce over

*Note: Herbs de Provence is a blend of rosemary,

thyme, savory, lavender, and fennel.

MINCE CHEESECAKE PIE

(Makes one 9-inch pie)

1 (9-inch) unbaked pastry shell

1 jar ready-to-use mincemeat (regular or brandy and

11/2 teaspoons grated orange rind

2 (3-ounce) packages cream cheese, softened

1/2 cup sugar

2 eggs

1 teaspoon vanilla extract

Place rack in lowest position in oven; preheat oven to 425°. Combine mincemeat and 1 teaspoon rind; turn into pastry shell. Bake 15 minutes. Meanwhile, in small mixer bowl, beat cheese and sugar until fluffy. Add eggs, vanilla, and remaining ½ teaspoon rind; mix well. Pour over mincemeat. Reduce oven temperature to 350°. Bake 25 minutes or until set. Cool. Serve warm or chilled. Garnish as desired. Refrigerate leftovers.

For all the hometown news, you turn our pages every week - ADVER-TISER NEWS - We open daily at 6:30 a.m. Thank-you.

Joannas

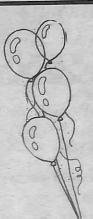
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Educator Of The Month...

Project S.E.E. Thrives With Ann Bradford

by Iris Copson School Dept. Editor

In 1978, elementary teacher **Ann Bradford** of Agawam designed and began teaching a program for academically able fourth and fifth graders at Granger School known as Project S.E.E. (Specific Enrichment Education). Three years later, she was teaching the gifted program to the same grades across the town.

Mrs. Bradford was an elementary school teacher for three years prior to her coming to Agawam (where she began teaching second grade at Granger School her first year. She has been an educator for 26 years).

She then taught third and fourth grade before going to (past) Granger Principal James Loomis to ask, "How could we better meet the needs of gifted children?" She said, "Within the four walls of the classroom, there

isn't really time to do it."

Mrs. Bradford said, "Mr. Loomis provided someone to teach in my classroom for the last hour of each school day for two years so that I could teach Project S.E.E. to fourth and fifth graders. Agawam is a wonderful place to teach. I have been helped by the professional knowledge, support and caring of administration. Mr. William Miller (Phelps Principal) has been so supportive as the program coordinator.

Mrs. Bradford's husband, Wesley, has also strongly supported the gifted program and Mrs. Bradford's dedicated contributions over the years.

Wesley usually accompanies her to each outside presentation and delivers many supplies used to implement the program at each school throughout town. Last year the Bradfords, along with school administrators and School Committee members, organized Agawam efforts to host a regional Future Problem Solving (FPS) competition at Agawam High School.

"There were many parents and people from the community who helped coach FPS and the hosting last year at the high school. So many people, even without children in the program, have contributed their time and energy," Mrs. Bradford said.

Mrs. Bradford runs the adjunct programs of Young Astronauts and Writer's Workshops after school as well as FPS. She said, "These programs are done after school in order to include more children. Usually more than half of the children that participate in these programs are not involved in Project S.E.E. during school."

Educators in Agawam believe and deeply respect young people's ideas and feelings, according to Mrs. Bradford. "There is enthusiasm for teaching children about their own self-worth. Project S.E.E. helps to develop children's confidence. My colleagues are examples of professional excellence. Many are personal friends, supportive, and so caring."

Dawn Fleury Named To "Who's Who"

Dawn Fleury, a senior accounting major at Western New England College, has been selected to be included in the 1991 edition of *Who's Who Among Students in* American Universities and Colleges.

Ms. Fleury is the daughter of Donna Fleury of

Ms. Fleury is one of 26 students from Western New England College who were chosen to be included in the prestigious annual directory, based on academic excellence, service to the community, leadership, and potential for continued success.

Ms. Fleury is a member of the Accounting Association, the Martial Arts Club, and the Management Association. She is also a residence hall advisor. Western New England College is a private coeduca-

tional institution located on a 120-acre suburban campus in Springfield. The college serves approximately 6.100 full-time and part-time students with undergraduate and graduate programs in its School of Arts and Sciences, School of Business, School of Engineering, and School of Law.

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Project S.E.E. teaches children critical thinking skills. During analysis and evaluation of the program, Mrs. Bradford said, "You begin to realize how much it



ELEMENTARY PROJECT S.E.E. teacher Ann Bradford.

means to the children."

One student wrote, "Project S.E.E. helped me to think things out for myself." Mrs. Bradford noted, "These things mean so much over the years. These are extremely able children who did not see themselves as able or did not perform to the best of their ability

because they didn't have confidence in themselves. Gifted children often see what's lacking; they don't perceive themselves as so able.

Another student wrote, "I learned how to sort out ideas and grow in the ability to understand someone else's point of view.'

Mrs. Bradford further noted, "A priority in our program has been to respect young people's ideas and teach them to respect other ideas. Also, to be responsive to the needs and feelings of other people as well as their own needs." A parent wrote that Project S.E.E. "motivates children to be sensitive, kind, respectful, and sharing with others."

One of Mrs. Bradford's fourth grade students moved away to Michigan where they didn't have a gifted program. He wrote to Mrs. Bradford about his desire to have a program there and she put him in touch with a Connecticut teacher to get him the desired information. He began a program in Michigan. Mrs. Bradford said, "We enabled him to go and do things for himself."

In the past Mrs. Bradford has brought her students on many field trips to help bring the curriculum alive. While reading "Guardians of the New World," her class visited the Hadley Green and there have been visits to Elizabeth Yates in Jafrey, New Hampshire. Ms. Yates wrote "Amos Fortune, Freeman.

Mrs. Bradford was proud of a fall 1973 presentation for the National Science Teachers' Association in Washington, D.C., along with the many in-service courses given since 1980. She said, "You grow as a learned person yourself."

She has served on planning committees, advisory councils, and as a consultant for gifted and talented youngsters throughout Western Massachusetts.

At a ceremony in June 1988, Mrs. Bradford was awarded a "Public Service Award" by the Massachusetts Association for Advancement of Individual Potential (MA/AIP) in recognition of her outstanding contribution in the field of gifted and talented education. She has given selflessly to the education of the young, and provided for the needs of teachers and parents serving gifted children for over 12

Mrs. Bradford added, "It has been a joy and privilege to come to know so many people, and to make some small difference in the lives of young people and help them believe in themselves."

NO ONE covers the Agawam Schools like our IRIS COPSON every week. Iris is another reason why you turn our pages. AAN! Subscribe now. Just \$12 to July 1st.



Japanese AFS Student **Adjusting Well To** Life In America, AHS

by Iris Copson School Dept. Editor

Azusa Murayama is an American Field Service (AFS) exchange student from Japan with a very different concept of life here in the United States. Most AFS students from Europe come to America and find life here hectic, rushed, and often disorganized

Azusa said, "In Japan I live in the city of Sendai (nearly one million people). There are about 50 high schools in Sendai. Everything in Japan is narrow but high. We have a four-story high school with about

1,000 students at the school.

"People here (in America) are more relaxed and have more time. I came home at 6:00 or 6:30 p.m. each day from school, then I had to do my homework. I would go to bed about midnight. School started at 8:30 a.m. and lasted until about 4:00 p.m., with activities like chorus each day after school.

Azusa said the Japanese students at her school would bring their lunch to school or have lunch in the cafeteria, the same as we do. She said, "We had one hour for lunch and 10 minutes between classes. Here we don't have time to ask questions after class,

School in Japan begins in April with summer vacation only lasting one month. "Summer vacation is the end of July through August, but I would go almost every day to practice chorus. Many students can't work because school keeps us so busy," said Azusa. There are other breaks during school for approximately two weeks at a time

Japanese schols never combine the grades such as is done in classes at the high school for different subjects. "We had different subjects each day (instead of a set schedule where math was first period each day) and went to school six days a week, including Saturday. I went to an all girls high school and we had to wear uniforms. I enjoy being able to wear different clothes," she said. "We had a 30 minute bike trip to school each day. In the rain we would take a subway or bus.'

In Japan Azusa will have two more years of school when she returns. Her one year at AHS will not count towards graduation. She has had three years of English in school, but "the teachers speak Japanese in class. She is thoroughly enjoying being a part of the AHS concert band. She said, "We don't have a band in my high school in Japan.

Azusa added, "I find history and English (here) very hard. I like the band very much. I have played the clarinet since junior high, for three years. The Algebra Il and Chemistry classes seem easy, and I am taking typing. Japanese languages do not have as many pro-

nouns as English."

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JAPANESE AMERICAN FIELD SERVICE STUDENT (AFS) Azusa Murayama is a senior at Agawam High School this year and is residing with the Machia family of Feeding Hills. Azusa is pictured with her host mother, Teri and host sister, Selena, a student at the Junior High. Advertiser News photo by Jack Devine.

She also has trouble remembering that Americans tend to use a lot of contractions, phrases, and slang.

Her host mother, Teri Machia, was confused when Azusa asked her, "What is a 'supposeta?' until she realized she frequently tells Azusa, 'It's suppose to 'rain, or be cold, or be cloudy so the children will dress accordingly. Allen and Teri Machia of Feeding Hills have a daughter, Selena, at the Agawam Junior High, and a son, Jeffrey, at Middle School. The Machias are completely enjoying Azusa's stay with them and say they will miss her when she must return to Japan in ear-

SEE JAPANESE STUDENT - Page 38...





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Halloween At Agawam Middle School



SOME OF THE FIFTH AND SIXTH GRADERS who attended the Halloween Party at the Agawam Middle School on Halloween Night pose for photographer Jack Devine. Advertiser News photos by Jack Devine.



all the hometown news, townsfolk turn our pages week - ADVERTISER NEWS...

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Middle School Slates **Annual Parents Night**

Agawam Middle School will hold "Parents Night" on Monday and Tuesday, November 19th and 20th, from 7:00 to 9:00 p.m. Your child's classroom teacher has divided the room into two groups. Those parents in Group I are asked to attend on Monday, November 19th. Parents of children in Group II are asked to attend on Tuesday, November 20th. Your child will be bringing home a letter indicating which night his/her parent should attend. Should a problem arise due to a schedule conflict, please feel free to attend on either Monday or Tuesday evening.

School Principal Ralph Zavarella suggests that this

is an excellent opportunity for parents to meet teachers and discuss their child's progress. Parents may also meet with Guidance Department personnel as well as

school administrators.

When parents arrive at school, they are advised to go directly to their child's classroom and sign-up for a conference. Twenty-four slots of five minutes duration will exist between 7:00 and 9:00 p.m. This system should provide parents who have signed-up for a time slot with assurance that a conference with the teacher

If you have any concerns about the above information, you may contact your child's guidance counselor. The fifth grade counselor, Mr. Cohen, may be reached at 789-1400, extension 454. The sixth grade counselor, Mr. Dacey, may be reached at 789-1400, extension

Middle School **GUIDANCE** Report...

by Thomas F. Dacey Middle School Guidance Counselor

The counselors wish to thank the Agawam Middle School P.T.O. and the Agawam Lions Club for their assistance with the Halloween costume day which was enjoyed by all the students. The P.T.O. organized the program, while the Lions Club donated the prizes. In the area of study skills, the fifth grade students

have recently completed an introductory study skills program. The sixth grade students will soon be watching and reviewing a study skills video which will give them some new ideas on successfully completing their

Parents are advised that report cards for the first marking period will be issued on or about November 16th. Parents are requested to sign and return the report cards to the school by way of their child as soon

Parents' Nights will be held at the Middle School on November 19th and November 20th. The students will be bringing home to their parents an explanatory notice regarding these Parents' Nights. The counselors strongly urge the parents of students who are having any kind of difficulty to visit the school during the Parents' Nights.

STUDENT FROM JAPAN - from Page 35...

Asuza's Japanese father, Katsuo, lived here in America for one year when she was 14. He went to Harvard in Boston, to study English and do some research about America for his business. Azusa's mother, Junko, and her 19 year-old brother, Satoshi, also live with her in Sendai. She said you must be 18 years-old to drive in Japan.

Azusa said many things were the same here as in Japan. The food, T.V., and movies were all familiar to her. She said, "In Japan, T.V. has many family shows and not so many sitcoms. We see American movies at the theatre and on television. We have just eight T.V. stations in Sendai, but more in Tokyo which is a bigger R ho ar go ar ec

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The funny part was trying to picture Michael J. Fox doing a Toyota commercial, and Sylvester Stall advertising ham, and Eddie Murphy doing a commercial, each speaking in Japanese!



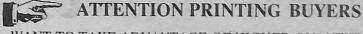
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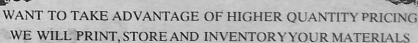
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Macey Discusses Project D.A.R.E. With **Middle School Parents**

by Iris Copson School Dept. Editor

Many Agawam parents are already familiar with D.A.R.E. Officer Wayne Macey, the guest speaker for Middle School PTO's first general meeting last Monday evening. Still, parents and students alike gathered in support of the Drug Abuse Resistance Education

program to greet Macey.
Middle School PTO President Sheryl Fleming introduced her 1990-91 board members and held a brief business meeting before Macey spoke to the audience. Three parents were nominated and elected to serve on the School Improvement Council this year.

After Mrs. Fleming introduced Macey, he was warmly greeted with a round of applause and big smiles from his students.

Macey explained that the D.A.R.E. program originated in Los Angeles in an effort between police and school departments to help reduce drug problems. LA Chief Darrell Gates coordinated the idea of bringing police officers into the classroom, according to

"This is the fourth year for D.A.R.E. in Agawam. When I began doing it four years ago, there were only six officers trained. There are now over 200 D.A.R.E. trained officers."

The 17 lessons in D.A.R.E. at the school cover "safety on up through what a drug is, consequences (meaning the results of what you choose to do or not to do), self-esteem, assertiveness, stress, and culminating in a

Macey added, "The program is designed to impact on fifth grade, between the ages of 11 and 12 yearsold. We try to get to them before they go to the junior

Agawam High School students come to talk to the Middle School kids about how it's going to be at the high school, and there is a D.A.R.E. box in every classroom while the program is being conducted.

Macey said, "The D.A.R.E. box is for questions to find out what is going on in the kids' minds. Sometimes the questions are appropriate to start a class discussion; other times I talk to the student individually.

"It's a thin line that I walk with the personal information I get in the box. I'd love to go directly to the Detective's Bureau and have them get a search warrant to get those kids out of a house sometimes, but the school has people that are in control of things, and I have to handle it appropriately through those channels. I could also destroy the trust some kids put in my confidence if

I were to handle it the first way," said Macey.
Each D.A.R.E. student is also given a handbook. One important part of the notebook Macey highlighted was a "compliment page" given out in class where students had to write something nice about the student's name that appeared at the top of the page. "For

some, it's the first time they've gotten a compliment from their peers," Macey said.

Students also receive stickers to encourage answers and Macey commented on their effectiveness. He was surprised to see that something so seemingly menial could generate so much enthusiasm. Macey also discussed the modified D.A.R.E. program that he has instituted which takes about two weeks in the elementary schools with each grade.

The benefits of the D.A.R.E. program have also reached policemen. Macey said, "The D.A.R.E. training teaches officers they can laugh and cry like other people. Kids learn how they can respect the policeman's uniform and how they can like it. Kids learn they're like me; they're approachable."



AGAWAM POLICE OFFICER WAYNE MACEY, the town's Project D.A.R.E. coordinator, is pictured with some Middle School students who vigorously support the program. From left - Richard Feeley, Shawn Sherry, Macey, Melani Meunier, and Jessica Hansen. Advertiser

Bake Sale At Robinson Park On Election Day



ROBINSON PARK SCHOOL PTO MOTHERS, from left - Julie Adamski, Diane Graveline, Chris Demetrion, and Rose White were helping out with a big bake sale on Election Day, November 6th. Advertiser News photo by Jack Devine.

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Angela Shuman Named To "Who's Who"

Angela Shuman, a senior accounting major at Western New England College, has been selected to be included in the 1991 edition of *Who's Who Among* Students in American Universities and Colleges.

Ms. Shuman is the daughter of Philip & Joan Shuman

of Agawam.

Ms. Shuman is one of 26 students from Western New England College who were chosen to be included in the prestigious annual directory, based on academic excellence, service to the community, leadership, and potential for continued success.

Ms. Shuman has been named to the Western New England College Dean's List. She is a member of the Management Association and Alpha Kappa Psi, the professional association for students pursuing

business careers. Western New England College is a private coeducational institution located on a 120-acre suburban cam-pus in Springfield. The college serves approximately 6,100 full-time and part-time students with undergraduate and graduate programs in its School of Arts and Sciences, School of Business, School of Engineering, and School of Law.

Agawam Schools' Lunch Menu

Monday, November 19th: Steamed frankfort in roll, oven baked beans, potato puffs, chilled mixed fruit, milk.

Tuesday, November 20th: Cheese pizza with hamburg topping, seasoned green beans, chilled pears, milk.

Wednesday, November 21st: Half Day of School. No Lunches Served. Thanksgiving Vacation.

Check our classifieds

Frank OF THE OF THE THE OF

Halloween At Perry Lane Park Nursery School



THE TOWN'S PERRY LANE NURSERY SCHOOL held its Annual Halloween Party under the direction of Mary Ann Page. Advertiser News photo by Jack Devine.

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open. You can slide your items under our door all day.

Thanksgiving Breakfast

2nd Annual Agawam Gridiron Moms

Thanksgiving Morning Thursday, November 22nd

7:00 A.M. To 9:00 A.M.

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Storyteller McCabe At Granger

by Iris Copson School Dept. Editor

A size 13 shoe leaves an awfully large footstep to try to follow, especially when that she is covered with friendship pins, rings, and other momentos given to the person wearing the shoe with the love and affection of

The shoes do not actually fit storyteller Tom Mc-Cabe, but they are appropriately befitting of the huge following of devoted fans he has accumulated over the past eight years in the Springfield area.

When McCabe entered Granger Elementary School last week to present a progam to first through fourth graders, the children reacted to the jingling shoes as if Santa Claus had just appeared.

With a heavy heart that did not distract in the least from his imaginative presentation, McCabe told students that eight years of the Children's Theatre was coming to an end. McCabe and his wife, Mary, founded the theatre in 1981. During the first year, the theatre was held at Look Park in Northampton; then it became part of the Mount Holyoke College Summer Theatre in South Hadley.

This would have been the third season for the Children's Theatre after moving to Springfield Symphony Hall. McCabe said, "We brought programs to neighborhoods, hospitals, and schools. Any needy child would receive a letter for free tickets to our theatre presentations at Symphony Hall. We also sent many tickets to the safe houses for battered women."

Operating as a "not for profit" organization saw problems the first year at Symphony Hall when expenses began to increase and the economy began to turn

down.
"The economy is turning so fast at this point, there funds to cover costs and the downturn of the economy, the board of directors had to close the Children's

Theatre," McCabe said.

McCabe explained, "There are only 10 or 11 companies in the entire United States that have this type or the companies in the entire United States that have this type or the companies are entired. level of theatre. We had 15,000 upcoming reservations

The theatre directed childrens' talents on educational and social issues and will be a substantial loss to the Springfield area. Subscribers, however, may be able to use their tickets at three children's shows to be held on the South Hadley campus this summer. There is no money to reimburse subscribers or debtors.

McCabe added, "When they didn't make the area United Way's campaign goal everyone knew they were in trouble.

And there are many other arts organizations having trouble attracting contributions from individuals and private businesses who face their own financial crunch from poor local economy. StageWest begins each performance with a speech, stressing its dependency on contributions, and the Berkshire Ballet halted its 1990 summer performance schedule in mid-season to save money and reorganize.

The Springfield Symphony Orchestra has sent over 22,000 fundraising letters out to past and prospective donors, and the Commonwealth Opera based in Northampton recently announced a postponement of their fall production to the spring due to insufficient fun-

McCabe said, "One of my favorite people is P.T. Barnum. He was an exceptional showman who did not begin his circus until he was 60 years-old. He was financially devastated three times and managed to come back. I feel in my heart that the children's Theatre will rise from its ashes and return under a new name (someday).

McCabe held a workshop with third grade Granger students on storytelling. He said, "I got my start telling stories to my babysitters. There are 240 million people and only 200 storytellers in the United States. I have travelled for 13 years telling stories to kids; please pass the word about the work I do.'

He gave the children a recipe to make a story: "One idea about a person, place or thing; One imagination; and Seven words (Who, What, When, Where, Why, How, and Which)."

He began the story with the classic words, "Once upon a time," and let the children mix the recipe together to make a delightful blend of his creativity and their imaginations. Then he showed the children another way to create a tale. By going around the class, everyone added to the story by putting in one word at a time.

A third way to write a story was to "take any fairy tale, wash out all the details, and let the children add

Finally, he told the students the "Ballad of the Forgetful Storyteller," or the "Ice Cream Story" (where children would wait as the story built to an exciting detail, and suddenly he would forget what hap-

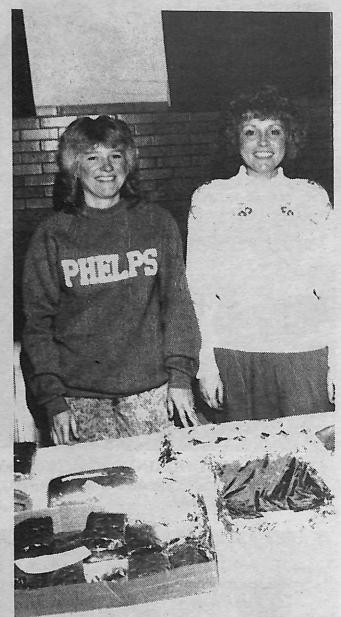
pened next). The children had to help him along.

McCabe told his pupils, "A little tiny idea can grow into a whole big idea. Send me some stories and let me know how you are doing.

"I have this crazy dream that some day I'm going to walk into a library and see a new book that's dedicated to a storyteller with funny shoes that taught the author

how to write a story from seven words (Who, What, When, Where, Why, How, and Which).

Helping With Bake Sale



JUDY MCGUIRE (left) and LEA RIVKIN were two of the Phelps School PTO mothers who assisted with the Election Day Bake Sale on November 6th at the school. Advertiser News photo by Jack Devine.

Are You Serious About Learning Tae Kwon Do?

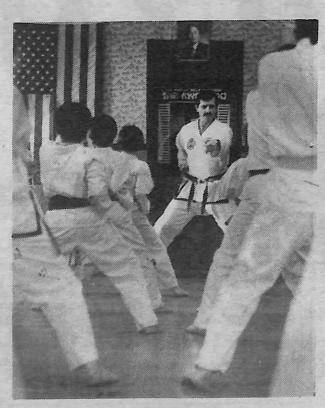
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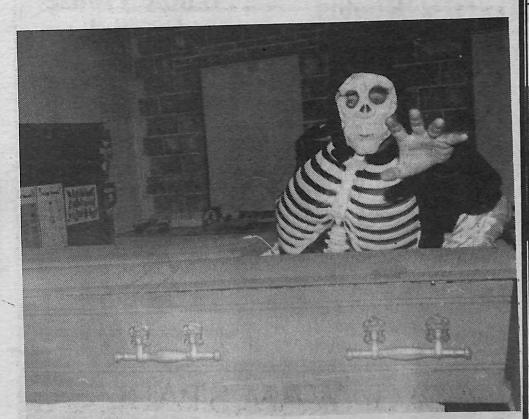
Last Look At Halloween Parties In Schools



GRANGER SCHOOL KINDERGARTEN students were having a ball at the Annual CASH-sponsored Halloween Party on October 31st. Advertiser News photo by Joan Lussier.



- Kara Moores and Amy Stevens, both second graders; and Hillary King, grade three. Advertiser News photo by Joan Lussier.



WHO'S IN THE CRYPT at the Granger School Halloween Party on October 31st. Advertiser News photo by Joan Lussier.



PLAYING A GAME at the Clark School Halloween Party are, from left - Rachael Morris (left, grade two), and Elizabeth Hebert. Advertiser News photo by Joan Lussier.



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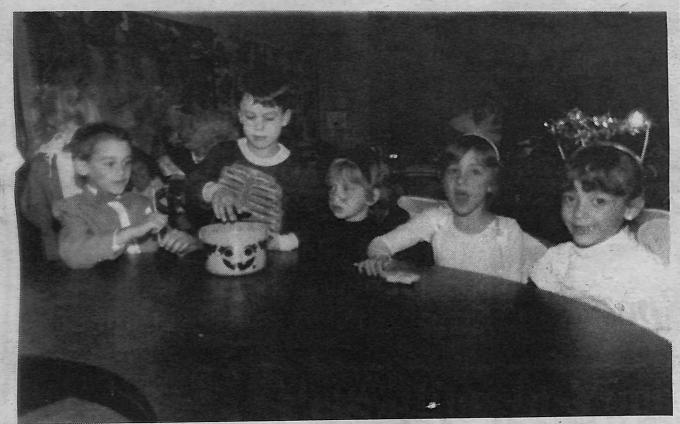
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AGAWAM REVOLVER CLUB SECRETARY JIM TAYLOR (left) and President Ken Avondo present a check to Agawam High Cheerleaders Cindy Zielinski and Sarah Fogg for their upcoming trip to London for the big parade on New Year's Day. Advertiser News photo by Jack Devine.

Halloween Party For Clark Kindergarten



CLARK SCHOOL sponsored a kindergarten party on Halloween night as part of the CASH Program. Advertiser News photo by Joan Lussier.

Ag. Revolver Club Helps Cheerleaders

The Agawam Revolver Club, Inc. recently made a donation to the Agawam High School cheerleaders who will represent the United States in London, England.

Sarah Fogg and Cindy Zielenski attended a UCA cheerleaders' camp this past summer and have been invited to perform in the Lord Mayor of Westminster's New Year's Parade.

Donations are being solicited from local businesses and civic organizations to help pay for this once-in-alifetime opportunity.

Making the donation for the Agawam Revolver Club, Inc. were President Ken Avondo and Secretary Jim Taylor.

Poster Contest Winner



JOEY CLARK of Agawam was the winner of the Fire Safety Poster Contest in conjunction with the Agawam Fire Department.

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Southwick Boy Scouts **Staging Food Drive**

Southwick: If the doorbell rang on Saturday, November 10th, don't be surprised to find a Boy Scout or Cub Scout there with a bag for you to fill with food this week. Southwick scouts again are participating in the annual, nationwide Scouting for Food drive to collect food for the hungry.

The scouts are canvassing the entire town by distributing specially-marked food bags which will be

picked up the following Saturday.

Residents are asked to fill the bags with any nonperishable food items such as canned goods and unopened cardboard, plastic, or cellophane boxes and packages of foods. Some favorite canned items are chicken noodle, tomato, and cream of mushroom soups, cream-style corn, hash, beef stew, tuna fish, and baked beans. Pasta items and spaghetti sauce, peanut butter, ketchup in plastic bottles, mustard, and canned fruit, especially fruit cocktail, are also in much demand.

Not accepted are foods that have been opened or are perishable, items in glass containers, frozen foods, or

home-canned items.

The food collected will be sent to the Western Massachusetts Food Bank in Hatfield for later distribution to local food kitchens serving homeless and

hungry individuals and families in the area. Last year 32,000 items were donated during the Scouting for Food drive of the Pioneer Valley Council which includes all of Hampden County. Southwick Boy Scouts and Cub Scouts alone collected 2,690 separate items, almost 10 percent of the total, and they hope to exceed that amount this year with the help and generosity of local residents.

The scouts were going door-to-door in uniform, targeting middle to late morning on the 10th, trying to reach every household. If by chance residents are not at home when they come, donations of food can be left at Scout Master Bob Davis' farm, Blossoming Acres, at 217 Sheep Pasture Road, opposite Our Lady of the

Lake Church in Southwick.

Scouts will pick-up bags of food which residents can leave on the doorstep, at 9:00 a.m. on Saturday, November 17th. Scouts have to repack the food and deliver it to the Westfield Armory by 3:00 p.m. that afternoon.

The Boy Scouts and Cub Scouts of Southwick ask residents as they are stocking-up for Thanksgiving this season, to please remember the needy and give generously to the Scouting for Food drive.

St. John's Bobcats Has Many New Members



WOW, LOOK AT ALL THE BOBCATS FROM St. John's Pack 77. Pack 77 had a great response with new members for the new season (28). The adult leadership is going strong with nine leaders attending a recent weekend training program at Moses Boy Scout Camp. Advertiser News photo by Jack Devine.

FIRE-WISE - by Fire Chief Rusty Jenks **Babysitter Fire Safety**

Each year many young children are victims bedrooms, and all the exits. of home fires. Protect your children while they are in a babysitter's care. Consider these precautions when picking your babysitter:

1. The babysitter must be mature enough to deal with any emergency situation. Be sure the babysitter realizes the importance of life safety over that of property.

2. The babysitter should be familiar with the layout of your house, locations of all

- 3. Familiarize the sitter with your home evacuation plan, alarm system, and designated meeting place outside the house.
- 4. Be sure emergency phone numbers are next to the phone. Also, have your complete address written near the phone so that the sitter can notify emergency personnel correctly and quickly.

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Thanksgiving Specials

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Thursday, November 22nd

Happy Turkey Day!

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Bring A Wishbone & Skate 2 For 1 7:00 - 10:00 p.m.

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12:30 - 3:30 p.m.

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Getting Nasty In Schoolboy Sports continued from Page 1...

For the next 10 days I overheard at least five conversations regarding the topic. I heard them in Ludlow. In West Side. In Agawam, And in Springfield. It was a hot

I heard things like, "Oh, the Agawam coach must have known. What was he thinking about, anyway?" And, "There's no way Agawam knew. The kid was a starter and a captain." And, "Cathedral had to have known about it all year. The kid transferred from Cathedral. They knew the whole time."

And of course, "What about those other kids on Agawam? They really got hurt by that. Why didn't Cathedral turn them in right away at the beginning of the

season," and so on and so forth.

Then the whispers began to turn into screams. There were those that knew about "ineligible players" on the Cathedral boys' and Cathedral girls' soccer teams. It sounded like payback and it sounded like more kids might get hurt.

Then it happened. It wasn't the Panther soccer program that got hit, it was the Panther football team. Like lightning, they were bolted from the Division I Super Bowl picture. The two-time defending champs. Gone. Again, it was an ineligible player. This time it was an "academically ineligible" situation.

And oh what a performance by Cathedral football coach Billy Wise. He went on television. He went in the newspapers and on the radio to single out the people who had wronged him and his team

He wagged his finger at Dan McLaughlin (Central High football coach) and at Tom Russo (Central High athletic director). Wise claimed "SET-UP" and claimed foul. He absolved himself of any wrongdoing by saying this was a "third team player who only played 12 plays all season.'

He went on to ask each media type what he was sup-

posed to say to his players.

McLaughlin took to the airwaves to defend himself. "This was not sour grapes. We BEAT Cathedral. We gain nothing by turning them in. We contacted Cathedral prior to the season. (The player transferred from Central to Cathedral this academic year.) On several occasions, our principal told their principal that they would be in violation of MIAA rules if he (the ineligible player) took ******

Students that spend their entire academic career in one system generally don't have difficulty with these particular MIAA rules. Transfer students should be scrutinized a little more closely when ensuring eligibility. Of course, that fact alone is Monday Morning quarterbacking.

Can you imagine wrestling coaches and basketball coaches in the area in the next few weeks? Principals of high schools and their staffs will have absolutely zero defects when they are qualifying students for the next academic terms.

The fact remains that high school athletics is part of the growing process for many teenagers across the land. It is up to adults to act like adults when dealing

Kids are different to some degree these days. They are presented with adult problems all the time. Outside of having a part or full-time job and supporting themselves, high school students must face pressures, deadlines, and relationships every bit as tough as the ones that we adults face in our daily lives.

SEE GETTING NASTY - Page 48...







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Stafford Speedway **Honors Champions At Awards Dinner**

The champions in all three of Stafford Motor Speedway powerful NASCAR divisions will be crowned Saturday, November 17th, during the 21st Annual NASCAR Winston Racing Series Awards banquet. The gala time will be held at the Colony, at the Quality Inn,

Mike Christopher of Plainville, who captured the laurels in the Winston Racing Series Modified Division, for the second consecutive year, will join Tony Sylvester of Lebanon, and Dave Caruso of Northbridge, Massachusetts, as they both captured their first championships in the Late Model and Pro Stock classes, respectively.

Christopher, who proved once again he has an abundance of talent in open-wheeled division, said, "We thought we had a shot at the title during the middle of the season, but we didn't take any chances. We almost lost the title during a couple of double point shows. But we came back and won the shows that counted. Winning the championship two years in a row was something I never dreamed of."

Tony Sylvester, who was able to muster enough points during the season, locked the championship during the last Friday night of competition. Three wins and several top 10 finishes led him to his first ever championship, a feat he has tried to accomplish for the past 12 years at Stafford. "This was a great way to end my Late Model career," said Sylvester. "We are plann-ing to run the Busch Grand National North Series next year, and this championship will really make my resume look good. This is something I have wanted for a long time and it was worth waiting for!"

Dave Caruso will also have his name etched in the Stafford record books as being the champion in the Pro Stock Division for 1990. He led an impressive field of names in the full-fendered class. The championship was not decided until the last race of the year.

Caruso bested Tom Rosati of Agawam in a very heated point battle. He won the championship just eight points over Rosati. That's how close it was!

'It was a real nail-biter," said Caruso, referring to the last race where he had to finish eight spots ahead of Rosati in order to win the championship. "It was lucky for us that Tommy got crossed up on the start. I felt bad for him, but that's racing. We are good friends and he knows that the same thing could have happened to me. I want to thank everyone that was involved with this operation, and thanks to Stafford for letting this competitive division run here.

Festivities will get underway November 17th with a cocktail hour beginning at 6:30 p.m. A steak dinner will be served at 7:30 p.m. Following dinner, Stafford will honor its champions. There will also be awards for the top 10 owners and drivers in all three divisions, plus "Rookie of the Year" and "Most Improved" driver. There will also be a few non-competitive awards as well.

Following the awards presentations, there will be dancing to "Music Express" Disc Jockey.

West Side Rec. Dept. Has **Adult Aerobic Classes**

The West Springfield Recreation Department is currently accepting registrations for their Aerobic Exercise Program under the direction of Debbie Nolin. This eight-week class is for individuals interested in cardiovascular conditioning as well as improving flexibility and body sculpting through the use of specific muscle-defining exercises.

This session will begin on November 12th and offer classes on Monday and Wednesday evenings, from 6:30 to 8:30 p.m., and will be held at the Mittineague School in West Springfield. The cost of the program is \$45. Preregistration is required and may be done through the West Springfield Recreation Department. For further information, call 786-8061 or 781-7550.

Cold Tundra Of Greenfield Sends Brownie Gridders Home Cold, 22-8

by Bob Johnson Advertiser News Sports Editor

These are the ones that hurt. You can live with the 35-6 and 45-14 losses in your first year, but the ones that got away gnaw at you like a tapeworm

I didn't ride with football coach Dean Vecchiarelli on the way home from Greenfield on Monday afternoon. I'm sure he wouldn't have had much to say. It was on the heels of a 22-8 setback to the Green Wave on Veteran's Day. Even a veteran coach would have taken

The game was originally scheduled for Saturday afternoon. The monsoon-like weather precluded that game going on as planned. It was rescheduled for the holiday afternoon.

The weather was dry; the skies were clear. And the Big Bad Wolf was howling all afternoon long. On a bitter cold afternoon, the Green Wave of Greenfield were

set to entertain the Agawam High Brownies.

The Wave won the coin flip and elected to defer. Agawam got the ball and Greenfield got what they wanted. They got the wind in the first quarter. Seniors Rick Ricker (why did they name him "Rick"?) and Brad Matthews ate up most of the first quarter, knocking Agawam off the ball and beating them to the corner.

Greenfield moved from its own 45 to the Agawam 3, but the young Brownie defense never broke and the ball went over on downs. Keith Hargis, who had a terrific ballgame, threw Matthews out of bounds at the three on a fourth down effort.

Agawam's emotional high was quickly dissipated. On its very first play from scrimmage, the unthinkable happened. Trying to come out from the shadow of their

own goal, tragedy struck.

Mike Briggs, Agawam's junior quarterback, turned to hand off on first down. The exchange went awry and the ball fell silently to the end zone turf. Al Nutile, a big Greenfield lineman, dove to the ground and cradled the ball. He has just scored a touchdown. Matthews skirted the right side on a rollout and leaped over Steve Moccio at the one for the two-point conversion. Greenfield had the early lead, 8-0.

Bill Connolly was the next home boy to stymie the Brownies. On the ensuing possession, Briggs was stripped of the football on a rollout and Connolly recovered

the ball at the Agawam 22

Marcus Trinchini, Stu McGregor, and Nick Langone took turns making solid defensive plays and Greenfield hurt itself with a clipping infraction. Ultimately, the Brownies dodged that particular bullet.

Agawam failed to move the ball on its next opportunity and were forced to punt. The Greenfield return man took a gamble and fielded a bouncing punt by Hargis. It turned out to be a fine roll of the dice. He danced and pranced all the way to the Brownie 24.

On third down and three from the Agawam 17, Brownie fans saw what has made them growl all season long. Agawam's defense was perfect for the play call, but it didn't work out. Ricker wanted to get his first down up the middle and found it all stacked up. Like so many running backs before him, he stepped back, raced to the sideline, and sailed into the end zone along the left sideline. Greenfield led it 14-0. Derrick Gregor batted down the two-point conversion try.

The next drive was typical of the young Brownies. Once again, they had dug themselves a hole. And once again, they showed the opponent that the game was played over four quarters and they better not quit. The

visitors put on a beautiful drive and got themselves right back into the ballgame.

Briggs came to life. First, he completed a 10-yard floater to Moccio to give the Brownies third and short. The junior QB kept it on the sneak and picked up the first down at the Brownie 46. Chris Roy carried the next three plays and netted just shy of 10 yards. Agawam sent in its goal line offense and both teams dug in.

Hargis was the man and he banged into the line. He kept his legs churning and freed himself of a pesky linebacker. He was still moving forward when he realized that it was only he and the goal line. He started to pump his legs like crazy, higher, and higher with each step. He easily outdistanced two Green Wave pursuers into the end zone. Forty-four yards on the sprint and Agawam was within eight points. The visitors shaved it to six as Briggs made a beautiful play fake to Hargis and then tossed a spiral to Todd Chamberlain in the end zone. It was 14-8 with 3:00 to go in the half.

Greenfield responded with a 13-play march to end the half but couldn't put it in. It went over to Agawam on downs with four seconds to go in the first half.

Chamberlain's second half kickoff was botched and the Brownies had the Green Wave bottled up in their own end at the 10. The defense played a great set of downs with McGregor and Anthony Campiti leading the way. Greenfield was forced to punt from its end zone. The punt didn't even travel to the 25 in the air, but it took a couple of strange hops and got itself out to the 46. The Brownies were in business in the Greenfield end looking for the tieing touchdown.

Roy and Hargis took turns looking for running room. Greenfield would have none of that. On fourth and four, Vecchiarelli chose not to gamble and sent Hargis out to punt. A shaky snap and a poor punt netted the Brownies only 10 yards in field position as the Wave had the ball at their 30.

Greenfield used all the rest of the third quarter and a little bit of the fourth with another ball control drive. They got it all the way to the Agawam 10 with 13 snaps of the ball. But Gregor again made a deflection

in the secondary to save the day.

Agawam had the ball with 9:54 to play. They were, however, 90 yards from paydirt. They had the wind and they had a chance. Sometimes that is all that you can

Briggs converted a third and 11 with a left side rollout all the way to the 23. He rammed his way for another one up to the 35, this time rolling right. The Brownies were pumped up and they had the defense off balance.

Then disaster struck the Brownies again. It might have been the single-most devastating play of the season (with the possible exception of the bad snap late in the second quarter vs. Westfield). Briggs made a play fake and dropped back to pass.

As he went to pass, he was blindsided. He may or may not have been throwing the ball. The zebras ruled against Agawam and the fumble went to Greenfield at

the Agawam 18. That took the air out of the balloon. Greenfield punched it in for the final nail. Bill Sampson scored from three yards out with 5:25 to play. The conversion was good too and Greenfield led by the final margin of victory.

Agawam's final game of the 1990 season is vs. rival West Side on Thanksgiving morning, at Clarke Field.

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The Point After...

It Was A Cold Day Up In Greenfield...

by Bob Johnson **Advertiser News Sports Editor**

I heard assistant coach GERRY MARTIN say to the "These days are just made for playing football." Me thinks he crazy. It felt like it might have been Lambeau Field in Green Bay out there Monday afternoon...Fitting that the game was played at Veteran's Memorial Field on Veteran's Day. Not a bad place, either.

It was so cold that the speakers on the PA system went on the fritz in the fourth quarter...While Agawam was struggling along with youth this year, West Side only has one win themselves. They, too, beat Comp. Coach KEN KINDIG of the Terriers was on hand for his fourth look at Agawam. Tell me that the Turkey Game isn't a big deal for the Terriers. Coach K tells me that the Terriers lost a couple of very-tough-to-take losses, with Sunday's last-minute loss to Chicopee among

Late in the game, MIKE BRIGGS threw a long right sideline interception as the Brownies were trying to strike quickly against a deep zone. Briggs went up the field and took the intercepting player down...I'm here to tell you that the Agawam defense played a whale of a football game Monday. KEITH HARGIS made several key plays; he always does. The main standout was STUART MCGREGOR, though. He was all over the football field all day long.

On Agawam's touchdown drive, there were helped along by a spearing call on the kickoff return. Funny in a way because the kid that did the spearing caught my eye in warmups. He was a little too rambunctious then and it carried over ..

Greenfield had a first half-QB (BRAD MATTHEWS) and a second-half QB (BILL SAMPSON). Both of them did plenty of damage. Matthews did his RANDALL CUNNINGHAM impersonation on the first two-point conversion. STEVE MOCCIO got in great tackling position at the one. He got down nice and low, ready to wrap him up at the knees. Just then, Matthews went

airborne and flew over Moccio for the two points...
I saw TOM BRIGGS back in uniform for the game. He was the intended receiver on the final series of the day as Agawam tried to go upfield in a hurry. That little Briggs can fly when he is well. His knee got "scoped" earlier in the year...Funny that just a year ago at this time, Greenfield was in the Super Bowl op-posite Cathedral. They are just an ordinary team this year, and Agawam was with them all day. It just goes to show the young Brownies that their time will come if they just keep working.

The Brownies can double their win total and make their season if they can pop West Side on the road on Thanksgiving. Kindig said, "We aren't going to play in the snow, I'll tell you that right now!"...West Side has won two straight—both as underdogs. Agawam will probably be the Dog this time around. From where I sit, I think that will be a fine way to approach the game...
My prediction: Agawam 20, West Side 8.

Bob Johnson On Sports...

Don't Laugh - There's Gold In Denver Nuggets

by Bob Johnson **Advertiser News Sports Editor**

'em Up Westhead."

Fresh from his Loyola-Marymount experiment, veteran coach Paul Westhead is back in the NBA as wheel man for the Denver Nuggets. For years, current and former Nuggets have learned to play the game fast. Very fast. Run and gun.

They have long been known as a high-powered of-fensive team with little or no regard for playing defense. Proponents of the Eastern Conference have long made the Nuggets a laughing stock. These critics say that the game is won more often on the hardworking, lunch pail defensive end

There are several issues to explore here. It wasn't so long ago that one of the Western Conference's most rugged performers stopped by Loyola-Marymount to work out with the Lions. Kurt Rambis was between gigs

Rambis, for years, did nearly all of Kareem Abdul-Jabbar's rebounding. Kurt Rambis was no stranger to diving on the floor or getting out on the fast break. He was tough, he was strong, he was a hustler. And yet, after about 30 minutes trying to keep up with Westhead's Lions, Rambis excused himself from the workout. "These guys are crazy," he would say after his shower. "Nobody can keep up with these kids!!"

Another topic to consider is coaching strategies. When your kids are not as athletic as the other team's contingent, you must try and balance the scales. It is not uncommon for the team with the lesser amount of talent to try and make the game a helter-skelter type of

Extend the court, trap the ball, go for the steal, challenge the outlet pass, fast breaks and quick shots do much to even matters up. Every kid that has ever picked up a basketball wants to throw the rock through the twine. They are not nearly as interested in playing defense than they are in seeing their name in the

The professional players are often maligned for taking long stretches of time off during a ballgame. Many pro hoop observers contend that they can "just watch the last two minutes and see all I need to see." Truthfully, there is a lot of stock in that statement. It gets to be a foul shooting contest. It gets to be a time when the superstars can take two and three steps and not get called for travelling. It definitely comes right

down to the lesser known player drawing a foul and a marquee player settling the issue from the charity

stripe.
Westhead wants to make sure that this doesn't happen to the Nuggets. They are not in one of the super media outlets and their players are less likely to have the big name value. Westhead wants the game going one-hundred miles an hour for 48 minutes. He wants to penalize the teams for taking time off. Turn your back on the Nuggets and they might run off 15 points in a minute and a half.

The other night, Phoenix scored 107 points against Denver in the first half. They scored 57 points in the second quarter. They scored more than 170 points in the game. They led by 40 at the half. And everybody

I'll be willing to bet you right now that the Nuggets will sell out most, if not all, of their games this season. The fans like offense, the fans like slam dunks, the fans like to win. Denver will win the lion's share of their games at home. A lot of NBA teams win regularly on their home floor.

It will aggravate most coaches in the league. It will aggressive nearly every high school and college coach in the country. Still, look what Loyola-Marymount was able to accomplish with no height, no publicity and no tradition. They employed the style and became the na-

Sure, they lost Hank Gathers to his untimely death with a mysterious heart ailment. But, Kimble and Freyer and the rest of them carried on and made it to the Sweet Sixteen and ultimately, the Great Eight. The system allowed a group of overachieving shooters and hustlers into the big money payday.

I don't look for the Nuggets to compete for the NBA title this season. But, they'll be a game that opposing players and coaches will concern themselves with for a week or two ahead of time. Opponents will look to pad their offensive statistics in the Denver game. Fans will flock to see the action, and several Denver players will have much more notoriety nationwide than they could have ever expected in a conventional system.

Chris Jackson, the little dynamo from LSU, is a firstyear Nugget and he may break every rookie scoring record in the history of the league. Conservative writers and broadcasters will call for Westhead's head all season, but he will survive. You just have to wonder how many of the opposing teams will survive.

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Riverside Speedway Has Job Openings

"It's another first as Riverside Park Speedway's Director of Racing Ben Dodge, Jr. is looking-to hire several new people to work as a part of the 1991 Winston Racing Series. This does not mean we are planning a layoff of our regular workers; it means we are looking to expand and rebuild to make a better program for 1991," said Dodge.

Because Riverside Park Speedway is going to offer four divisions in 1991, it will need additional workers. These positions range from inspectors, pit stewards, scorers, scoreboard operators, ticket takers, pit sellers,

announcers, starters, and many more.
Please realize that these positions are not high paying, and some are based on volunteer work. Some positions require a NASCAR license and training in EMT requirements.

These jobs will directly be a part of the 1991 Winston Racing Series that begins on March 23rd, 1991. Four Divisions of racing will be formated starting at 6:00 p.m., with the pits opening at 12:00 noon. Ac-

tion for the Strictly heats start at 4:00 p.m.
"I realize that this is out of the ordinary for a race track to send out an open invitation for workers, so many times people that work in racing go from one track to another. They can bring good habits or bad," said Dodge. "I want to see what type of interest is out there. I think desire is the most important thing. After all, if someone didn't give me this type of chance, I would probably be doing something else right now,' Dodge said.

Riverside Park Speedway will not accept any requests over the phone. They must be in writing only, no exceptions. Do not call the Speedway or Ben Dodge.

Please apply in writing with a letter requesting the area of work you are interested in. No experience is required but could be helpful. Please include your name, mailing address, three references, current job, and general information. Please also state racing qualifications, interests, why you feel you're qualified, if you've worked at another track, etc.

All the above is confidential. Riverside Park Speedway is located in Agawam. Please send application information to the attention of Mary at P.O. Box 307, Agawam.

Riverside opens on March 23rd with the Eagle Snacks 100. Come join in the fun, only at Riverside Park Speedway.

GETTING NASTY - from Page 45...

These kids take the field, ice, court, mat, or diamond to release some of those pressures. They play sports to compete and to achieve. Like us adults, they only live once. Most will not go forward to play the next level.

I love to hear a vocal and boisterious crowd rooting like crazy for their sons and daughters and neighbors... It's the whispering and backbiting that I hate.

Remember when mothers (and some fathers) didn't want their little boys playing football because they didn't want them to get hurt...

They meant physically hurt..

Now the kids are getting emotionally hurt because of petty jealousies, stupid rivalries, and one-upmanship..

It stinks folks. It really does... Let's get back to playing the games between the

For all the hometown news, townsfolk turn our pages every week ADVERTISER NEWS...





ADAM BURT (left) and RANDY LADOUCEUR wait on their fans at the Tip A Whaler Dinner. For information, call 1-800-842-0692.

Get Your Picture Taken With Whalers At Hartford Civic Center Nov. 19th

Hartford: If you ever wanted to collect some Hartford Whaler autographs, get your picture taken with a Whaler, or be served dinner by a Whaler, your best chance is almost here. The Whalers want to wait on you at the ninth Tip A Whaler Dinner on Monday, November 19th, at the Civic Center beginning at 6:00

For the price of a dinner you get a lot including all the autographs you want, photo chances with your favorite players, a gourmet dinner "on the ice," a program with the players' photos, a special autographable puck, and a chance at 50 door prizes. All this is only \$55, or \$550 for a table of 10. Special patron tables of 10 with preferred seating are \$1,000.

All the tips the players get will go to help save sight in Connecticut. If you're the top tipper, you will get a once-in-a-lifetime trip for two to an away game you'll choose from a list of several with the team including charter flight, lodging and dinner, game tickets and photo with your favorite player. Arnold Dean of WTIC-AM will accompany you.

The next 19 highest tippers will take their pick of great prizes including roundtrip tickets to Whaler

786-9246

games donated by American Airlines and a \$1,200 Bushnell telescope donated by Wethersfield Optical. Anyone who tips \$25 or more will be eligible for a drawing for 10 additional prizes valued at over \$250

Past dinner-goers have found this a good way to treat friends, clients or employees or better still, their

For the third consecutive year, tickets remain at \$55 each, which just covers the cost of putting on the din-

For tickets or additional information, contact Pre-

vent Blindness, 1-800-842-0692.
The Connecticut Society to Prevent Blindness is the state's only non-profit health organization dedicated to saving sight through eye screenings, public and professional education, and eye safety activities such as Wise Owl Clubs for industry and schools. The Society screened 2,467 adults for eye diseases such as glaucoma, macular degeneration, and cataracts and 7,700 children ages three to five last year. Over 330 people with serious vision problems requiring treatment were discovered.

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Suf. Parks And Recreation Slates Ski Trip To Okemo

Suffield: The Suffield Parks and Recreation Department is sponsoring a Ski Trp to Okemo Mountain, Ludlow, Vermont, on Friday, December 28th.

The cost is \$54 per person which includes lift ticket and transportation. The bus will leave Suffield High School parking lot at 6:30 a.m. and depart Vermont at 4:15 p.m. to return home. Minimum age to participate in this trip unchaperoned is 15 years of age. Anyone under the age of 15 must be accompanied by an adult.

Full payment and registration must be received no later than Friday, December 7th, at the Parks and Recreation Department, 97 Mountain Road, 668-0237, Monday-Friday, 8:30 a.m. to 4:30 p.m.

Home Builders Association Plans Membership Meeting

The Home Builders Association of Greater Springfield will hold its general membership meeting on Tuesday, November 20th, at 6:00 p.m., at the Carriage House, Storrowton Tavern, West Springfield.

The keynote speaker for the evening will be Bruce

Wall, conservation load manager and residential program administrator of Northeast Utilities, who will discuss "Energy Crafted Homes of Massachusetts."

President James Walsh will honor Victor J. Shibley, Jr. of Victor Shibley Homes, Inc., Westfield, and Adrien E. Girard of Girard Construction Company, Inc., Ludlow, as the October and November "Builders of the Month." Maureen A. Devine of Credit Data Services, Inc., Springfield, and George W. Jones of Eastern States Exposition, West Springfield, will also be recognized as the October and November "Associate Members of the

For additional information, please contact the Home Builders Association of Greater Springfield, 733-3126.

Western Mass. Soccer Club Holding Tryouts Nov. 18th

The Western Massachusetts Soccer Club is conducting tryouts for the Spring 1991 season to participate in the National Challenge Cup League on November 18th, at Stanley Park in Westfield, from 12:00 noon to 3:00 p.m.

Tryouts for the following age groups: Girls: Under 12 through 19 Boys: Under 15

For further information, call Richard Stone, 596-2288, or Jack Galanek, 569-0263.

Sports A La Carte...

Up, Down, & Around The Sports World

by Bob Johnson **Advertiser News Sports Editor**

Was watching a little of that Ironman Series on ESPN was never again more than two feet above the ground the other afternoon. If you are not familiar with it, and yet he maintained his balance and steamed down dedicated athletes compete in very long swims, grueling bike races and after that, a long foot race. It makes

you tired just watching it!

The particular competition that I caught had the field getting out of the water and heading for their bikes. As they mounted the two wheelers, the announcer said that it would be a 40 kilometer bike ride with the first 10 miles uphill! That was when I turned the station back to the football game.

Now, I'm wondering for whom the networks run the shows. If you can do that type of competition, wouldn't it be illegal for you to sit home on a Sunday afternoon and watch TV. I picked up my Couch Potato that I got for XMAS and squeezed it..

I told you that Ohio State would upset lowa last weekend. It had to happen. All you have to do is live in lowa for three or four years and you would see what I mean. ABC kept running a useless statistic all afternoon during the contest which the Buckeyes won in the final second. The statistic simply read: "No team has ever defeated Ohio State, Michigan, Michigan State and Illinois in the same season."

Why was it useless? Tell me the last time that Wisconsin, Northwestern or Minnesota beat even two of those teams in the same decade, much less the same season. Iowa and Indiana would be the only teams with a shot at it and surely, it's a tall task. As reported here last week, lowa had beaten both Michigan schools and

Illinois prior to getting bounced by Ohio State... Remember GERALD PADDIO who was selected by the Celtics out of UNLV a few years ago? He was cut and went underground. He has resurfaced and is in the Cavaliers' early season starting lineup. That's a good club and his ability could make it better. I was surprised that the C's didn't give him a longer look with their aging backcourt at the time. Of course, there are those that think that DEE BROWN is the answer. Time will

Weird to watch the Edmonton Oilers struggle the way they are. Not unlike watching the Islanders stumble around for a while after their glory years of the early 80's...If you didn't see the Pittsburgh-Temple game last Saturday, you missed a whale of a brawl. After the fight, the referee was seen hugging the Temple assistant coach. The assistant had risked life and limb to get in there and stop it. As soon as the fracas was over, I turned the channel. That's not why I watch the sport, you dig. But, come to think of it, I did watch.

Saw one of the real beauties in professional football again on Sunday afternoon. The New York Giants have a rare talent in young DAVE MEGGETT. Try and remember his third quarter punt return if you saw the game. He was tripped up at the Ram 45. His helmet

to the 31 yard line. Incredible...
From Our "He's Money in the Bank Department":
BUTCH ROLLE of the Buffalo Bills has scored a touchdown on each of his last eight receptions...Have you ever wondered if JOE MONTANA and his friends really need a coaching staff? New information leads me to believe that they don't need one. In their last two ballgames, the 'Niners have scored points seconds before the conclusion of the first half. On both occasions, offensive coordinator MIKE HOLMGREN had left his headsets to get down to the locker room to diagram plays, etc. In both contests, Montana has led the San Francisco club down the field swiftly for

scores. Anyone surprised?...
BUD CARSON Update: BERNIE KOSAR had passed for 940 yards and seven TDs in four career games against Buffalo. Carson started MIKE PAGEL instead and Buffalo blasted the Browns 42-0. Carson got his pink slip the next day. Sounds fair to me.

Hey, Pats fans, did you take enough ribbing on Sunday from all the various media outlets talking about your beloved team. Cheer up. I found a tidbit that will allow you to vent your frustration on the Sporting News.

The November 12th issue of that publication claims that the Pats haven't beaten an NFC team since 1978 when they beat Philly. Horsefeathers! In 1988 alone, they beat Tampa Bay and Chicago. In 1986, they beat Atlanta and the Rams. In '85, they stopped Detroit, Green Bay and Tampa Bay. And so on and so on.

So write them a letter and chew them out. Stand behind your Pats; I'll give you the address: 1212 N. Lindbergh Blvd., P.O. Box 56, St. Loui, MO, 63166. All they'll do is apologize and tell you that they meant to say that the Pats haven't dropped an NFC East team in 13 years. Then they would be correct...

In case you missed it, Red Sox right hander GREG HARRIS signed for \$2.8 million the other day. Now what were the odds of that happening one year ago? That little dude pitched himself one whale of a season...And one other thing—third base coach RAC SLIDER has been canned by the Hose. He thought he was talking "off the record" with a reporter. The stuff got in the papers and JOE MORGAN got wind of it and fired him for insubordination..

It's basketball season, so how about a basketball quote to get us started this year. Remember the "This is It" Louisville five that went nuts early in the Eighties lead by DARRELL GRIFFITH? They could all jump to the moon, which caused then lowa guard BOB HANSEN (who met Louisville in the Final Four) to say. this about Griffith: "I've guarded other guys who could leap high before. But all of them came down!"...

EARLY DEADLINE: Due to the Thanksgiving Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open. You can slide your items under our door all day.

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Surprise! Villanova Captures 1st Round In Parish Bowl

Surprise, surprise. Villanova became the Round One champions in the Monday night Tri-Parish Bowling League in the 11th and final week of rolling.

Villanova, a playoff team a year ago, guaranteed a spot in the May Grand Championship with 26½ wins, followed by St. Michael (26½ wins) and Notre Dame (241/2 wins). Villanova rode its way to the title by taking three wins vs. Boston College (last place-15 wins), while St. Mike's stumbled vs. St. Mary (10th place-20 wins). Meanwhile, ND took a tumble in losing to last year's Grand Champions, Fordham (4th place-24 wins). It was a bitter pill for St. Mike's to swallow because

they were in first place virtually the entire way in Round One. But Villanova deserves plenty of credit for hanging in there and pouncing when opportunity knocked. Villanova was awarded the round title because of a better team pinfall.

In stopping BC, the shining star of the night was leadoff KIM ALLEN. She launched a torrid 315 and won her match by 94 pins. BC never had a chance after that. The other winner for Villanova was JOE RESCIGNO. BC had two winners, third roller KATHY BURLINGHAM (323-276 over her mom, SANDY PRZESZLO), and captain JOHN "The Hammer" O'CONNELL (350). However, "The Hammer" didn't really demolish Villanova's elated captain, "Jungle" JIM BURLINGHAM (326). Both Kathy Burlingham and "The Harnmer" are hoping for a much better Round 2.

By the way, "The Hammer" sports a lofty average of 117.13 to lead all the men, while Kathy is now at 100.20, good for second place in the Women's Open

While "Jungle Jim" was dancing in the lanes, St. Mike's couldn't believe what had happened to them. St. Mike's winners in a two-two split vs. St. Mary's were AUDREY PHILLIPS (231), TONY "I'm Not A Captain" KOZAK (292), and substitute captain LOU MASSOIA. Lou has been admirably filling in for the regular St. Mike's captain, FRED MORASSI, who is still on the

The only winner for St. Mary's was JERRY "Let's Go Bowling" ALLEN, JR. (313). St. Mary's captain JOHN PROVOST hit a 325, which was just enough to prevent St. Mike's from getting that badly-needed, extra onehalf game that would have given them 27 wins and the Round One title.

Another team that was in a position to annex the title was rising Notre Dame. But Fordham, still a force to be reckoned with in this league after winning two straight Grand Champions, stood tall, three games to

Fordham winners were STELLA BARBIERI (260-31 pin victory), BARBARA HOWARD (276), and JOHN MLINEK (287). John defeated the former team captain of Fordham, ANN O'CONNELL, who is now rolling so well for ND (282-100.3 average in the Women's Open Division). The only winner for ND was FRANK "The Tank" MOCCIO, and he could only muster a 310 (he ended Round One with a 110.8 average, good for second place in the Men's Open Division). Fordham captain OLLIE MULDREW mustered a 298, thereby losing to "The Tank" by just 12 pins.

Loyola (6th place-22½ wins) continued to prove its stock by pasting fifth place St. Louis (23 wins), four games to none. Just think. If St. Lou had swept Loyola, they would have been the Round One champs with 27

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wins. Tisk, tisk, and pooh, pooh.

Swinging the brooms with gusto for Loyola were substitute TONY MOCCIO (son of the famous AL "The Fearsome One" MOCCIO and brother of "The Tank" Moccio-300), STEP STEPANIAN (300), and captain STEVE ROVITHIS (346-107.18, good for third in Many's Open Class). Povithis laid some iron on Men's Men's Open Class). Rovithis laid some iron on Men's Class AAA leader LOU MULDREW (308-107.12) and loved every minute of it. Rovithis and his team have really taken it on the chin in the past few seasons, so he's hoping for a better Round Two.

Georgetown (11th place-17 wins) managed to stay out of the cellar by defeating St. Anselm (7th place-22½ wins), three wins to one. GTown winners were VENETTA SNYDER (258), JERRY ALLEN, SR. (307), and captain DEBBIE POIRIER (336). This was the best night in weeks for Debbie, who watched her average climb a bit to 106.21 to end Round One. She enjoyed defeating St. A's captain BRIAN OSBORNE In the final match of the night, Catholic University (9th place-20½ wins) defeated Holy Cross (8th place-22 wins), three wins to one. CU winners were CHRIS STEPANIAN (272), JIM SNYDER (332-great night for Jim), and brother RICHIE SNYDER, the team captain (341-climbing up the Men's Class AAA ladder at 103.12, good for fourth place). Both Snyder boys, by the way, are craving to overtake their famous rolling sister, none other than GTown's Debbie (Snyder) Poirier.

HC captain LARRY VIENS threw a 302 in a losing effort, while college-boy JOHN LONCRINI won his match (312-308 over DEBBIE GEORGE). Larry Viens, by the way, ended Round One at 107.21, and in first place in Men's Class AA. So, the win by Snyder, which actually was a demolition job, was particularly pleasing to him (much to Viens' chagrin).





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Sportsmen's georner

- By Bill Chiba -



New off the shelf, a Thompson Center 50 Caliber New Englander Muzzleloading Rifle, completed a test firing of 1,000 consecutive shots. It was loaded with patched roundballs and black powder. There was no cleaning between shots. There was no cleaning either inside the bore or on the outside surfaces of the rifle throughout the test.

Periodically, the rifle was turned upside down to get out the powder residue. The rifle was loaded safely, easily, and shot accurately during the test which extended over several weeks time and is still going strong. There was no barrel wear or degradation. The nipple never plugged during the testing. No rust or corrosion occurred any place in the bore, either during or after the test was completed. The last five shot group had a standard deviation of 8.8, which is far better than modern ammunition.

I can hear you guys saying "no way" after shooting muzzleloaders for the past years. Cleaning after four or five shots; cleaning the muzzle in soapy water after firing the gun; wiping the inside and outside with oil to prevent rust. Believe me, this is in the past!!

Ox-Yoke Originals, Inc., was located for years in West Suffield and a group of us used to get our patches and cleaning material from the company. I had bought a kit and the late gun enthusiast, **Jim Clayton**, put all the parts together for me. He never could dope-out why my gun did not shoot accurately using the patches loaded with crisco. I tried different grains of powder both in the smooth bore barrel and the rifled barrel. I never found the target and I was about to throw in the

Upon visiting **Clyde Light** one day, he mentioned that he was going to visit the Ox-Yoke Company and ask some questions about muzzleloading. The gentleman took time off from his busy schedule to hear us out. Clyde received straight answers and I was hap-

py to find out what I was doing wrong.

Our mentor said, "You have to have the right thickness of patch to get accuracy out of your gun. The



patch has to be of a thickness that causes you to really pound down hard the patch and ball. The harder the better," he said. He gave us three thickness of patch. He told us to find out which one fit our respective guns.

He stressed the point that heavy loads of powder does not mean improved accuracy. "Start at 70 grains and then work up from there until you are putting the ball in the center of the target." I found out that 70 grains of powder was all that I needed for accuracy. At 80 yards the ball found the center of target.

That fall I nailed an eight point buck at 60 yards right where I held on the animal. I am a believer of this

Ox-Yoke's New Wonder Lube 1000 Plus is what made this record-breaking, historic event possible. Wonder Lube 1000 plus has also been tested with

Pyrodex as the propellant, and you can have the same benefits as you have when using black powder – namely no corrosion, no rust, and no frequent cleaning.

I am going to give you the new address of the company and the telephone number. Ox-Yoke Originals, 34 West Main Street, Milo, ME, 04463. Telephone number: 1-800-231-8313, or 207-943-7351.

I advise you to either write or call before the Muzzleloader season, which is December 17th through December 19th.

Agawam Soccer Assn. **STANDINGS**

GIRLS UNDER 10

GIRLS	JNDE	KIU		
	W	L	T	PTS.
Stevenson's Bombers	5	ō	2	12
Gervais' Cosmos	3	1	1	7
Collins' Astros	2	3	0	4
LeClair's Hellions	1	4	2	4
Mullaney's Bluejays	1	4	1	3
mulianey s bluejays	•	~		
GIRLS U	INDE	R 12		
Serra's Stingers	8	1	2	18
Schutt's Hellions	8	2	1	17
Sexton's Astros	3	7	1	7
Lanier's Bombers	0	10	1	1
CO-ED (INDE	R 14		
Copson's Cosmos	6	0	1	13
Mouneimneh's Kicker		1	0	12
DeBonville's Bombers		4	0	6
Belisle's Astros	1			
		4	1	3
Jim & Tom's Hellions	6 0	7	- 0	0
CO-ED	UND	R 17		
Phaneuf's Cosmos	8	0	1	17
Knodler's Hellions	4	3	0	8
Sheehan's Strikers	2	4		6
Bruyette's Bombers	ī	7	The same of the sa	3
BOYS				
Leclair's Fire		9 1	1	19
Pearson's Rad Royal		7 2		
Gaffney's Green Mac		70	3 2	
		STATE OF THE PARTY	6	9
Mullaney's Blue		4		
Bombers				
Whitford's Hellions			1 4	
Peltier's Devils		2 !	5 3	3 7
Chretien's Cosmos		0 9	9 2	2 2
BOYS	וחאוו	FR 12		
Martin's Mashers	4	2		10
McLean's Gladiators	200	1		
Skowyra's Blue Eagl		2		
Sexton's Devils	2	4		
Vollege's Holliens	1	1	1 9	4

EARLY DEADLINE: Due to the Thanksgiving Kellogg's Hellions Holiday, our deadline for our next edition is Saturday, Nov. 17th, at 3:00 p.m. The building will be open. You can slide your

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Shriners To Hold Screening Exams For Kids

On Saturday, November 17th, the Shrine will be offering screening exams, at no cost, to children under 18 to determine if they are eligible for medical care at Shriners Hospitals' Springfield Unit.

Parents of children with problems of the bones, joints, or muscles, or children with healed burns needing plastic surgery can find out if their children are eligible for treatment at Shriners Hospital by attending this free clinic at Mt. Moriah Lodge, 72 Broad Street, Westfield, from 12:00 noon to 4:00 p.m. At any Shriners Hospital there is never any charge to the patient, the patient's family, the government, state, or insurance companies.

Shriners Hospital, Springfield Unit is equipped and staffed to provide care for virtually all pediatric orthopaedic problems, with the exception of acute trauma. The unit has developed a special expertise in the following areas: congenitel clubfoot, congenitel dislocation of the hip, leg length discrepancies, scoliosis, limb deficiencies, prosthetic restoration, myelodysplasia (spina bifida) full care program, skeletal growth abnormalities, neuromuscular disorders, metabolic bone disease, hand and hip and

Clinics such as this one are increasingly being used to find children needing help. Parents who believe their child may need orthopaedic care can call (413) 786-3450 to make an appointment to attend the no cost screening clinic and to determine if their child is eligible for treatment. The eligibility requirements are simple, Shriners Hospital will accept and treat any child under age 18 if, in the opinion of surgeons, the child's condition can be helped, and if treatment at another facility would place a financial burden on the family. When you call simply ask for "FRED."

Shriners Hospital is a family centered care center. The hospital recognizes that the family plays a vital role in a child's ability to cope with an illness or injury. The hospital staff is dedicated to helping young patients develop their capabilities at all levels, physically, emotionally and intellectually, and the family is encouraged to become involved in all aspects of the child's care and recovery. The purpose of all Shriners Hospitals is to provide specialized care to or-thopaedically disabled and burned children to help them lead fuller, more productive lives. By promoting the importance of the family and helping it become a stronger support system for the child, the Springfield Unit can accomplish its purpose more effectively.

The unit provides comprehensive physical and psychosocial services to patients and their families. The hospital's Social Service Department helps parents with arrangements for accommodations when necessary, and assistance is often provided to help families with transportation to and from the hospital.

The all new Springfield Unit is a 40-bed pediatric orthopaedic hospital providir g comprehensive or-thopaedic care to children at no charge. It is one of the 22 Shriners Hospitals. There are 19 orthopaedic Shriners Hospitals for Crippled Children and three Burns Institutes throughout North America.

The new Shriners Hospital was built at a cost in excess of \$27 million and is located at 516 Carew Street, Springfield. The famility incorporates state-of-the-art equipment and advanced treatment programs. The hospital has a fully equipped gait laboratory, the only one of its kind in Western Massachusetts.

This screening clinic is being sponsored by Melha Shrine Temple, Springfield, and its Westfield Valley

Operation Heat Relief By Swk. Area Youth On Nov. 17th

Southwick: Operation Heat Relief will be sponsored by Southwick Area Youth Organizations on Saturday, November 17th, from 9:00 a.m. to 12:00 noon, at the Southwick Congregational Church.

Personal care items will be collected for the men and

women stationed in Saudi Arabia. There will also be other activities during this event.

Please come and join us in this worthwhile cause. Call 569-3010 or 569-0489 for more information.

Hold-A-Note

Please remember order glossy copies of photos in this edition, please contact Jack Devine at his home, 789-0053.



SYMPTOM-SPECIFIC **COLD REMEDIES**

The common cold is the result of a viral invasion by any one of nearly 200 viruses, all of which are untreatable. The best a cold sufferer can do is treat the symptoms. When doing so, experts recommend sorting out symptoms and treating them individually. That is, treat a cough with an over-the-counter cough medication, use a decongestant for stuffiness, etc. All too often, people with colds opt for "shotgun remedies" which consist of a combination of drugs. In some cases, this approach delivers too little of one drug, and too much of another. The components may also be counterproductive, as when an expectorant (which encourages phleam to be coughed up) is mixed with a cough suppressant (which inhibits the cough reflex). A better approach calls for addressing each symptom with specific medicines.

HINT: Antihistamines are effective for runny noses due to allergies, but not for virus-induced (cold) congestion.

Prescription and over-the-counter medications can be found easily by coming to SMITH DRUGS, 839 Suffield Street, 789-0811. "We are here to serve you." In the upcoming weeks we will feature many different topics on health and medications. Watch our column for these various subjects. Open: 8:00 a.m. to 9:00 p.m., Monday thru Saturday; 8:00 a.m. to 4:00 p.m., Sunday. Hope your Thanksgiving holiday is a happy one.

by George R. Atkins, R.Ph.

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BRINE

Marlo Montesi On

Bridgewater Team

ever finishing with an 11-5-3 record in 1989

Montesi of Feeding Hills.

MARLO MONTESI

Feeding Hills' Marlo Montesi was named to the 1990 Bridgewater State College women's soccer team under

Ms. Montesi is a graduate of Agawam High School where she competed in soccer, softball, and track.

Marlo, a junior, is pursuing a career in Physical Education. She is the daughter of Fred & Patricia

Marlo played at the forward position for the Lady Bears

coach Patricia Morano, now in her second season at BSC. The Lady Bears are coming off their finest season

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Forino Again Seeking Pro Stock Title At Riverside In 1991

In 1991 several race facilities have chosen the new breed of cars to compete at their race facility. That new breed of cars was a division known as the Pro Stocks. It started at Riverside in the New England marketplace; other speedways that now offer the division shunned it.

Yet it was Riverside Park Speedway that invested the talents of Ben Dodge and Irv Potter to develop a division that they witnessed as a popular type of division everywhere in the country except New England.

That was in 1981. And with the help of Riverside

management, the division continues to grow. Part of the reason is the division has become attractive to veteran competitors like Mark Forino.

Forino, of Waterbury, Connecticut, at age 29, is a cabinetmaker by trade. His family has been involved in racing since the early 1960's at Plainville Stadium. Mark's dad, Fran, still competes in the Pro Stocks against Mark at Riverside.

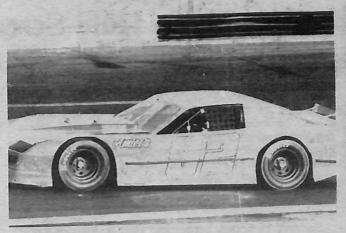
Mark is in his seventh full season of competition at Riverside. His first car was a Nova Late Model Sportsman that he purchased from Dave DeCorrie. The next season he purchased a new Camaro from Ross Race Cars. During that season Mark celebrated his first win.
Mark Ameci's Restaurant Camaro had arrived.
During 1989, he secured the Pro Stock title and is

now looking for a second title at the park. And his team has all the right ingredients to repeat as in 1990; he finished second.

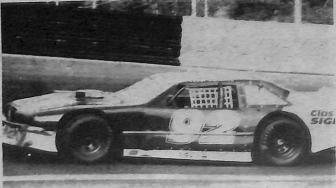
With a new Precision Engine, Mark and his crew of Steve, Joe, Mike, Jim, John, and Ralph will be ready for Saturday night racing at Riverside. Mark plans on running for the points at Riverside, Thompson, and Stafford.

The Pro Stocks at Riverside run for a weekly purse of \$600 for first, \$400 for second, \$300 for third, \$200 for fourth, and \$195 for fifth. Any car starting a feature will receive at least \$70. Pit fees for all NASCAR events at Riverside for NASCAR members are just \$12, with two free ladies passes per each car.

For more information, write Riverside Park Speedway, P.O. Box 307, Agawam, MA, 01001. Racing starts beginning every Saturday at 6:00 p.m., on March 23rd, 1991, at Riverside Park Speedway.



#2-MARK FORINO



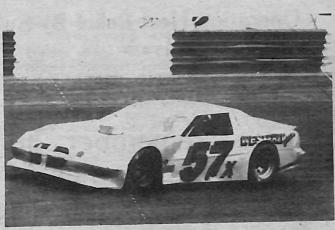
#5-TOM FEARN



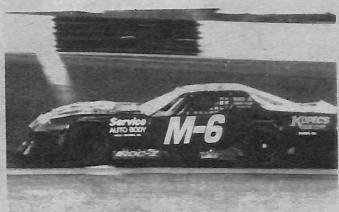
#3-BLAINE BELZ



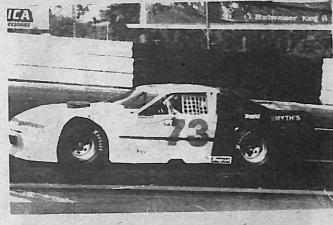
#6-DAN AVERY



#4-BOBBY GEE



#7-CHRIS KOPEC



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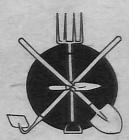
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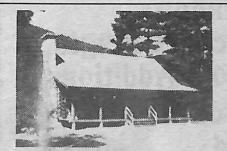


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